### Further Information about Park House, Bedford

**Focus of Facility:** To provide a rehabilitation care pathway within a residential setting for adults recovering from an acquired or traumatic brain injury.

Ethos: The Unit's philosophy is underpinned by five pledges:

- To develop an innovative, compassionate and ethical business.
- To provide specialised care and transitional living for people recovering from an acquired brain injury and other neurological conditions.
- To promote a management philosophy, that balances the needs of residents, purchasers, staff and the business, in creative and reasonable ways.
- To create an organisation, that endures and is not dependent on any individual.
- To develop an organisation which is warm, caring, effective and enjoyable to be in.
- External to the remit of the Headway Approved Provider scheme, to provide a domiciliary care service for people living in their own homes.

### Costs (per week):

• A fixed pricing structure is not operated. Costs reflect individuals needs e.g. level of input required from the MDT.

### Clientele:

• Adults recovering from an acquired or traumatic brain injury and other neurological conditions. Location:

- Community setting close to Bedford town and centre
- Close to a range of community facilities including the local Headway service.

## Family Accommodation:

• Family members are supported in sourcing local facilities

## Family Dining Facilities:

• Family are welcome to dine with their family member at mealtimes or outside of mealtimes if requested

# Range of Cares Provided:

- Longer term slow stream rehabilitation
- Six and twelve week assessment placements
- Support in community activities
- Full MDT input to include SALT, OT, Psychology and Physiotherapy.
- Day placements are also offered (external to the remit of the Headway Approved Provider scheme)

# Service User Involvement:

• Service users are involved in their care planning, weekly programming

# Rehabilitation Schedules, Social Activities, and Activities of Daily Living:

- Service users are involved in a range of community based activities such as volunteer work, attendance at local Headway activities, gym membership, swimming and music lessons
- Service User activity requests where possible are facilitated by the team.

# **Clothing and Laundry:**

• Service users are encouraged to participate in ADL's including the laundering of their clothing.

# Mealtimes:

• Service users are encouraged to participate in meal preparation at a level which is appropriate for their functional ability.

### **Diet and Choice:**

• Service users are provided with a range of meal choices, including those with specific dietary requirements. **Bedrooms**:

• All bedrooms are provided with en suite shower rooms, flat screen television, wardrobe, desk and drawers, nurse call and any other required assistive equipment.

### Access:

- Four wheelchair accessible rooms on the ground floor with push button entry
- All service users can, subject to care needs, access external garden areas

# GP / Medical Cover:

• All service users are registered with a local GP with their rehabilitation being overseen by the visiting consultant in rehabilitation medicine.

### **Staff Training:**

• Both Unit and parent company are committed to providing comprehensive training to enable and empower all staff.

## Fire Safety and Evacuation Planning:

Personal plans are in place for the evacuation of all residents

Management Team:

• The management team at Park House has extensive prior experience within the parent Christchurch group, the current manager having worked within the organisation for 13 years.

Service User Contact Details: Relevant contact details are taken at admission and checked / updated as required Transport: Park House has a vehicle to support with wider community access.