

**Appendix: Further Information about:-
100 Glasshouse Hill
Codnor
Derby DE5 9QT**

Focus of Facility:

Glasshouse Hill is a Residential Care Home for people who have an Acquired Brain Injury. The unit aims to support individuals to regain their social, cognitive and independent skills, as well as aiming to develop their social skills.

Glasshouse Hill has the benefits of being a long term placement, if needed, however the ethos is to enable the People We Support to regain lost skills in order for them to return to live back in the community, either independently with ongoing support or to be able to return home to live back with their families.

Glasshouse Hill is the proud winner of the Laing and Buisson Independent Specialist Care Award 2012 in Brain Injury Rehabilitation.

Ethos:

Glasshouse Hill specialises in supporting people with Physical and Mental conditions following an Acquired Brain Injury.

Therapeutic programmes are individually tailored to meet each Person We Support needs, the aim of these are to enable them to regain their social, cognitive and independent skills, as well as aiming to develop their social skills.

Costs (per week):

The base fee at 100 Glasshouse Hill is £1300.00 per week, which incorporates the following:

- Shared staffing (usual minimum ratio of 1:2) for supporting people with social activities, activities of daily living, and implementing therapeutic programmes devised by specialists.
- An hour's weekly input from a specialist therapist to devise, and subsequently review, a programme to assist in progressing an individual's needs and will adjust the programme accordingly. The therapists that may be accessed include CBT, Physiotherapist, Occupational Therapist and / or Speech and Language Therapist.
- Additional 1:1 hours can be provided; Glasshouse Hill welcomes any enquiries regarding additional costs.
-

Clientele:

Glasshouse Hill accepts adults from 18 years; the upper age is 65 years; of mixed gender. The focus is on people with an acquired brain injury (ABI) who may also have a physical disability, sensory impairment and/or mental disorder as a result of the ABI.

Location:

Glasshouse Hill is situated in the small but thriving town of Codnor. Codnor is on the main A610 towards Nottingham and a very short drive to the A38 towards Derby.

Local amenities, including shops, banks, churches, leisure centres and local healthcare services, are readily available via the local bus service. There is a bus stop directly outside Glasshouse Hill.

Family Accommodation:

Glasshouse Hill does not have any formal accommodation for family members, although every effort is made to accommodate families.

There is a 'Premier Inn' within easy reach of Glasshouse Hill. The unit has a local information pamphlet available detailing other local hotels, leisure facilities etc.

Family Dining Facilities:

Family members are welcome to take meals or beverages at Glasshouse Hill.

Range of Cares Provided:

Glasshouse Hill provides a rehabilitation approach for the People We Support (PWS) who have an acquired brain injury.

This is tailored to meet the needs of each PWS using the Person Centred Care Plan approach which can include working alongside an Occupational Therapist, Cognitive and Behavioural Therapist, Speech and Language and / or Physiotherapist. Therapists usually visit on a weekly basis, Glasshouse Hill having a Therapy Assistant who then carries out programmes as required to maximise the potential of the PWS.

Access to Chiropodist, Dentist and Hairdressers is available in the local community. Some of the community based services are accessed through the local GP practice. There is a visiting Optician that comes to Glasshouse Hill on a regular basis, though if PWS prefer, this can be assessed locally.

Service User Involvement:

Each PWS is supported to be fully involved in their support plan and in the daily running of Glasshouse Hill.

Rehabilitation Schedules, Social Activities, Activities of Daily Living:

All PWS are allocated a key worker on admission who is responsible for overseeing all aspects of personal and social care and activities of daily living. When seen by a Therapist, they will set goals with the PWS; these will be incorporated into the daily functional activities. The role of the key worker is not exclusive to the nominated member of staff but is one in which all staff members have responsibilities to all PWS.

All PWS are encouraged to participate in meaningful and new activities on a daily basis. Glasshouse Hill supports all PWS in all activities both externally and internally, including support to attend local college courses of their choice.

Glasshouse Hill has a structured daily plan which is flexible to meet the needs of all the PWS in fulfilling his/her goals.

Clothing and Laundry:

PWS are encouraged and supported to do their own laundry to promote their independence, on site. There is a structured system in place to ensure that laundry is clearly identified and laundered separately.

All staff are responsible to ensure that all PWS clothing is appropriate to them i.e. presentable, in good state of repair, fits properly and, if required, is discreetly labelled.

Mealtimes:

There is a dining room which has space for everyone to eat together if they wish, or individual are able to eat separately if they prefer.

Meal times are flexible to work around individual activities; drinks and snacks are available between meal times.

PWS are encouraged/supported to prepare their own meals or to make meals independently if appropriate.

Diet and Choice:

PWS are encouraged to be involved in planning meals; there is always an alternative available at each meal time.

Individual menus can be developed to respond to increasing personal independence or special dietary requirements,

All PWS are weighted at least monthly, unless otherwise agreed.

Bedrooms:

On the ground floor there are 3 individual flats which consist of a lounge, kitchenette, bedroom and wet room en-suite with shower wash basin and toilet. There are also 2 other bedroom which has its own en-suite with shower etc.

On the first floor there are a further 6 bedroom with en-suite facilities.

If a ceiling tracking hoist is required all rooms have the fixings already in place to accommodate this.

PWS can decorate their bedroom to their own taste and with furniture of their choice.

Access:

Glasshouse Hill is fully adapted to meet very specific individual needs, with wide corridors and doorways and consists of: -

- A communal lounge and dining/kitchen area.
- Training Kitchen, where PWS prepare meals on a 1:1 basis or work with therapist
- Gym
- Bathroom which includes a bath with a ceiling track hoist above.
- Activity/Quiet Room

GP/Medical Cover:

All PWS are registered with the local GP Practice and supported to make and attend all necessary appointments.

There is an excellent pro-active relationship with the local GP who visits Glasshouse Hill approximately twice a month instead of PWS having to attend the local surgery; in between times the GP's are always happy to discuss any concerns over the telephone or arrange an appointment or home visit.

Glasshouse Hill also uses NHS Direct out of hours if required.

Staff Training:

All staff are required to undertake a 2 weeks induction when they are initially employed by Voyage Care. During this time they complete mandatory training via E-Learning system, and arrangements are made to enrol staff in external face to face courses.

ABI training is included in the mandatory training on the E-learning, along with a face to face course, which is carried out by a trainer from Voyage Care.

Once staff have completed their 6 months probationary period they are enrolled to complete their Degree training.

Specific training is also arranged for specific programmes and PWS needs.

Fire Safety and Evacuation Planning:

All PWS have a personal evacuation plan to meet cognitive and physical needs. Specialist equipment such as evacu-mats are available for rapid access for those with mobility difficulties.

Glasshouse Hill has heat or smoke detectors throughout, which activates the alarm and automatic fire doors.

There are regular fire drills; all staff are trained to operate the fire panel.

There are rigorous fire safety checks in place which are carried out on a daily, weekly and monthly basis as detailed by health and safety.

Fire training for staff is carried out on a regular basis which includes fire drill and fire safety.

Management Team:

Glasshouse Hill is managed by a full time Registered Manager who has been awarded NVQ 4 Registered Manager and Care.

The Manager has over 25 years of experience in the care sector, which includes 12 years of experience supporting people with an ABI and mental health.

Service User Contact Details:

Details are taken at assessment/admission and updated as required.

Transport:

Glasshouse Hill has an adapted mini bus; PWS are encouraged to use public transport as much as possible as there is an excellent bus service, with bus stops directly outside Glasshouse Hill to the local towns.