



the brain injury association

The Way Ahead

29 June - 1 July 2018



The Way Ahead will once again be returning to Yarnfield Park Training and Conference Centre, Staffordshire.

Easily accessible from the M6; Stafford & Stoke train stations (23 minutes) and Stone train station (10 minutes). There are also over 600 free parking spaces available to delegates.

Kindly supported by:



Agenda for Friday 29th June

12pm - 3pm

Reception:

Registration for Friday workshop delegates only

12pm - 5.30pm

Conference Suites:

Workshops

3.30pm onwards

Reception:

Registration and room check in for all delegates

7pm - 9pm

Restaurant and bar

(bar opens at 6.30pm):

Dinner

9pm onwards

Bar:

Quiz



Friday workshops

GDPR

Securing local press coverage

Presentation Skills

Influencing local influencers and

Health & Rehabilitation

decision makers

Agenda for Sunday 1st July

8am - 9:30am

Restaurant:

Breakfast

9.45am

Balcony:

Registration for AGM

10am

Knights Suite:

Welcome and AGM

11:30am

Balcony:

Refreshments





The Way Ahead



Agenda for Saturday 30th June

7:30am - 9.45am	Restaurant: Breakfast
9am - 9.30am	Reception: Registration for day delegates
9:30am - 10.30am	Knighton Suite Welcome & morning speaker
10.30am - 11am	Balcony and Atrium: Exhibition & refreshments
11am - 12.15pm	Conference suites: Workshops & Seminars
12.15pm - 1.30pm	Restaurant and atrium: Lunch & exhibition
1.30pm - 2.45pm	Knighton Suite: Afternoon speakers
2.45pm - 3.15pm	Balcony and atrium: Exhibition & refreshments
3.15pm - 4.30pm	Conference suites: Workshops & Seminars
4.30pm onwards	Conference suites: Therapy sessions
6:30pm - 7:15pm	Bar: Interview and Q&A with Asher X
7pm - 9pm	Restaurant: Dinner
8:30pm onwards	Bar: Headway's Got Talent followed by Disco

Speakers

Managing sleep and fatigue in people with a brain injury

Dr David Lee

Dr David Lee BSc PhD CertEd CPsychol AFBPsS CSci. Originally a Human Biologist, but then conducted a PhD in Sleep Psychology at Loughborough University's internationally renowned Sleep Research Centre examining sleep and associated quality of life in at-risk, clinical groups. Since then he has held academic posts at Bradford and Newcastle Universities, lecturing in Psychobehavioural Treatments for Insomnia.

Where did I go?

Polly Williamson

Polly Williamson suffered a life threatening brain injury that instantly changed her life. A mother to two young children she struggled to find her new life as her equestrian business was closed and she was unable to care for her two young boys. Moreover she had lost her identity, unsure who she really was.

Title to be confirmed

Mark Bowra MBE

Mark was a Lieutenant Colonel with the Royal Marines, Mark had his life change dramatically when he suffered a stroke. Mark took part in the Invictus Games in 2017 and has recently taken part in the X Forces self-employment course, funded by Help for Heroes, with the intention of setting up a business providing BOWRA bags to help others with a brain injuries begin their own rehabilitation and recovery.

Saturday Workshops

- Compassion fatigue
- Managing professional boundaries
- Finance for the non financial
- Safeguarding
- Social Media
- Securing local press coverage
- Wills, Trusts, and Lasting Powers of Attorney
- Influencing local influencers and decision makers

Seminar Sessions

The funding mix, doing your homework about grants

Headway Acute Trauma Support
Nurses: Planning for the future

Therapies & activities

- Arts and craft room
- Neuro Hypnotherapy
- Nordic Walking
- Health & Rehabilitation
- Ukulele's
- Equine assisted learning
- Complementary therapy

The Venue

Currently undergoing the final phase of its major £3 million redevelopment, Yarnfield Park Training and Conference Centre is a purpose-built training and conference facility. In addition to meeting all of our needs, Yarnfield Park offers us;

- Newly refurbished restaurant ✓
- Improved bedrooms (all within 100 yards of the main Conference Centre) ✓
- Free high speed Wifi ✓
- Onsite Costa Coffee - *open for The Way Ahead* ✓
- Free use of gym facilities ✓
- Increased number of disabled access bedrooms ✓

Further information on the venue is available on the following link: <http://www.yarnfieldpark.com>

Accommodation and booking

Headway groups / branches Rate (per person)	Early Bird (Before 1 st June)	After 1 st June
Full weekend	£140	£175
Friday – Saturday (afternoon)	£100	£130
Saturday – Sunday	£100	£130
Day delegate	£60	£60

For those wishing to travel to the event on the Thursday and stay an additional night a separate rate is available. Please get in touch for further information.

To secure your place please complete the online booking form by clicking on the link below:

<https://headwayuk.wufoo.eu/forms/the-way-ahead-2018-booking-form/>

Special requirements

There are a limited number of accessible rooms which will be allocated on a first-come-first-served basis and we will do our best to accommodate individual requirements. Please email the team on tw@headway.org.uk to discuss specific needs prior to completing your booking form.