

Headway Approved Provider Appendix

Oakhill, 928 Carmarthen Road, Fforestfach, Swansea, SA5 7EF

Focus of Facility:

- To support individuals to develop and maintain their independence and cognitive skills following acquired brain injury.
- In addition, to support the homes aims, to enable individuals to take part in activities to enhance quality of life, rebuild confidence and encourage social interaction.

Ethos:

- Support is based on rehabilitation techniques which aim to increase independence, progress will be monitored closely using Goal Attainment Scaling, which provides motivation for the individual.
- Support plans are created by working with the individual and those close to them to meet their needs and personal goals.
- Individuals are encouraged to be involved in all aspects of their care and the setting of rehabilitation goals.

Costs per week:

- The weekly cost is individual based on need agreed upon assessment.
- Costs are inclusive of shared care and 1:1 support where needed along with therapy input, if required.
- Reviews are held regularly to ensure that the package of care, support and enablement is still fit for purpose.

Clientele:

- Adults over 18 years of age who have an acquired brain injury.
- Adults who have other cognitive disorders that could benefit from the same approach may also be supported.

Location:

- The service is near the centre of Swansea with excellent bus routes to the main town centre, local shopping complexes and local public houses.

Family Accommodation:

- Accommodation can be sought from nearby reasonable priced hotels.
- Family members are welcome to the home at all times

Family Dining Facilities:

- Families are welcome to eat in the dining room or in the persons own space.
- There is also a second small lounge which can also cater for families if they so wish.

Range of Cares Provided:

- Neuro therapy is provided and includes Speech and Language Therapy, Physiotherapy, Occupational Therapy, Psychology, Psychiatry, Behaviour Therapy and Counselling. These are available according to individual need and funding.
- Programmes are carefully designed and integrated into each person's daily routine.
- Support staff assist people with daily therapeutic programmes, community activities and all areas of personal care and hygiene.

Service User Involvement:

- Each person is fully involved in their support plan and in the daily running of the service to the extent of their ability.

Rehabilitation Schedules, Social Activities, and Activities of Daily Living:

- Personalised structured daily and weekly routines.
- Therapy programmes are integrated in daily functional activities.
- Educational, vocational and voluntary opportunities are supported, as appropriate.
- Structured routines, orientation sessions and errorless learning programmes are supported, as required.
- There are opportunities to include activities to enhance life for example trips to the theatre, shopping, holidays, meeting family and friends for coffee, hobbies and/or educational courses/vocational placements.

Clothing and Laundry:

- There is a large laundry room which is accessible for wheelchair users.
- People living at the service are encouraged to do their own laundry with support from staff to promote independence.

Mealtimes:

- The dining room has space for everyone to eat together if they wish, or individuals are able to eat separately if they prefer.
- Mealtimes are flexible to work around individual's activities.
- Facilities enable all service users to eat together or separately, as preferred.
- Family members are able to attend for special occasions e.g. birthdays / garden parties or a Christmas meal.

Diet and Choice:

- Everyone can choose their own meals and be involved in writing menus.
- Individual menus can be developed to respond to increasing personal independence or special dietary requirements.
- The service caters for varied diets and any cultural needs, as requested.
- Service users are supported to track their weight and are supported, where needed, to adopt a healthy lifestyle.

Bedrooms:

- Each bedroom can be decorated to the individual's preference.
- Each bedroom has its own level access en-suite facilities.

Access:

- The service is purpose built; the house and garden are fully wheelchair accessible..
- All rooms have level access and corridors are wide.
- A lift aids access to the upper floor.

GP / Medical Cover:

- All individuals are registered with the local Primary Care team and

- supported to make and attend necessary appointments.
- Home visits by the GP are available, where appropriate.

Staff Training:

- Induction training is supported with an additional training plan that includes both core and specialist training, some examples include introduction to brain injury, safeguarding and person centred approaches.
- Bespoke training is developed for specific programmes and specific individual needs.
- Following basic training and a probationary period staff are supported to go on to acquire a diploma in Health and Social Care at the appropriate level.
- Staff are also encouraged to attend conferences, workshops and road shows to support their knowledge development.

Fire Safety and Evacuation Planning

- All service users have a personal evacuation plan.
- Specialist equipment such as evacu-chairs are available for rapid access for those with mobility difficulties, at times of emergency.
- The house has heat or smoke detectors throughout, which activate the alarm and automatic fire doors.
- A black book is kept near the front door which holds details of clients' next of kin and medication in case of full emergency evacuation.
- All staff are trained in the evacuation procedure.

Management Team:

- The home has a Registered Service Manager who is supported by a Deputy and two Senior Support workers.
- The Management team engages in continuous professional development.

Transport:

- The service has a home vehicle.
- There are good local transport links, including buses and a local train station.