



the brain injury association
Central Lancashire

Meeting Dates 2023




Salvation Army Centre
Harrington Street Preston PR1 7BN



Cottam Community Centre Haydock's
Lane, Cottam, Preston, PR4 0NY



Headway Central Lancashire
Sir Tom Finney Way PR1 6PA

DATES 2023	Drop In Salvation Army Tuesday 1pm - 4pm	Walking Group Tuesday Booking required	Drop In Cottam Centre Tuesday 1pm - 3.30pm	Activity Day Salvation Army Tuesday 1pm - 4pm
JANUARY	-	10th January	3rd January 17th January 31st January	-
FEBRUARY	7th February	14th February	21st February	28th February
MARCH	7th March	14th March	21st March	28th March
APRIL	4th April	11th April	18th April	25th April
MAY	2nd May	9th May	16th May	30th May
JUNE	6th June	13th June	20th June	27th June
JULY	4th July	11th July	18th July	25th July
AUGUST	1st August	8th August	15th August	29th August
SEPTEMBER	5th September	12th September	19th September	26th September
OCTOBER	3rd October	10th October	17th October	31st October
NOVEMBER	7th November	14th November	21st November 28th November	-
DECEMBER	-	-	5th December	-
12th DECEMBER 2023	Festive Get Together St Gerards Parochial Centre Lostock Hall PR5 5AA booking is required. Tickets £5.00			

Every Wednesday Booking required for first time visit.	Exercise Class at Heartbeat, Headway CL, Sir Tom Finney Way Preston PR1 6PA	1.30pm - 2.30pm	£2.50 per session
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More information: 01772 791460 or 07557123493 Email: services@headwaycentrallancashire.org.uk

www.headwaycentrallancashire.org.uk/drop-in/

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