

Headway Sefton News

October 2022



Welcome to our October monthly drop in

The session for this month is to mingle.
Mark is going to do his talk & therapy.



Volunteers Needed!



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Time is a healthy donation to our charity and who devotes more time to work for your charity than your volunteers, right?

To ensure that 2023 continues to provide for the people of Sefton living with Acquired Traumatic Brain Injury we need Volunteers with new ideas and energy.
Get in touch!

Help for households

Countries around the world are facing rising goods and energy prices, inflation and cost of living pressures after the pandemic and Putin's invasion of Ukraine. We know people are worried, so the government is offering to help for households. See what cost of living support you could be eligible for by visiting the link



<https://helpforhouseholds.campaign.gov.uk/?gclid=aw.ds&>



Ormskirk Artisan Market - 6th November



Why not visit Ormskirk's Artisan Market which is a specialist handmade market showcasing local and regional makers.

These markets run on the first Sunday of each month through to November and share the love of hand crafted gifts, original art, vintage finds, jams, preserves & of course totally amazing food!

With 50+ stalls, come and enjoy shopping whilst supporting small business & independent creatives! This is a family day which is dog friendly, suitable for wheelchairs & buggies.

Ormskirk Town Centre also has free Sunday car parking across the Council car parks, additionally the town is also well served by bus and train links.

Art Therapy

Some of our members from Septembers drop in took part in some Art Therapy. Here are some masterpieces.



PIC•COLLAGE



12 Miles of Christmas - Raising funds for Headway!

Headway UK have joined forces with Give Penny on their 12 Miles of Christmas campaign, and we'd love you to join us.

What is it?

The 12 Miles of Christmas is a FUNdraising experience based on asking people to cover a distance of 12 miles, in any number of creative and festive themed ways, dedicated to Christmas. It's the excuse for people to have a bit of fun in the lead up to Christmas Day and raise money for Headway.

When is it?

1st December - 25th December

What happens next?

When you have confirmed your interest, we will add your group or branch to our campaign page. Following the go live date of 1st November we will then send you the fundraising campaign page information, the fundraising pack and assets to help spread the word and get your supporters geared up to raise money during the month of December. You will then need to share it far and wide and encourage your supporters to cover a distance of 12 miles over December and raise funds for you in any way they decide.

Who can take part?

There is no limit to the amount of people who can take part and it is open to everyone. Why not get friends and family involved or your team at work. It really is the more the merrier!

How much would it raise?

We're hoping each supporter taking part can raise a minimum of £150.00.

What do we need to do?

If you'd like to be part of the team where your supporters can raise money for your local group or branch, please confirm your interest to us by 31st October.





12 Miles of Christmas - Raising funds for Headway!

It is important that your supporters select the correct Headway group or branch from the drop-down list on the campaign page to ensure they are fundraising for the right team. At the end of the campaign Headway UK will total up your fundraising and transfer them into your bank account if you are a group and will allocate the funds if you are a branch. If your supporters are not correctly linked to your group or branch the fundraising income will stay with Headway UK. Detailed instructions will be shared with you ahead of go live.

Give Penny is easy to use on average supporters raise 3 x more than on other fundraising platforms. People can choose to donate a fixed amount, pledge per mile or even choose a song to add to the fundraisers play list for during their 12 mile activity.



Important dates for your diary



31st October - Secure your place in the campaign – Email your interest to Amber, Corporate@headway.org.uk

1 st November - platform goes live. All assets and information will be shared with you including the instructions on how to join your specific group or branch 'team' to share with your supporters. Detailed instructions will be shared with you before the live date.

1 st – 25th December - get your supporters raising money for your group or branch

W/C 2nd January 2023 – funds processed and transferred to your group or branch from Headway U

What to expect in next months newsletter... loads of festive cheer! So if anyone has anything exciting they want to share with the group, please email elizabeth@abccms.onmicrosoft.com with your thoughts, comments and ideas.

Learning more about brain injury

The Headway UK website contains LOTS of very useful information about brain injury for those who have had a brain injury, their friends and family. It is a very useful resource. The website is www.headway.org.uk

Our Sponsors

Big thanks to Carpenters Group (Solicitors) for their continued support of our branch. As well as releasing Carol Hopwood and Donna Ellis from their day jobs to help run Headway Sefton, they also cover the cost of our newsletter and sponsor some of our events.

Carol can be contacted on 07866 367886



**Have some news for us?
Please email Carol
carol.hopwood@btinternet.com
with your news for
next month's inclusion!**