Draft email to your MP:

You can copy and paste the text below into a letter or an email to send to your local Member of Parliament (MP).

You just need to add their name and your name and postcode so that they know you are one of their constituents.

If you would like to share how brain injury has affected you and your family, please do, as this will help your candidates to understand why we need to create change for brain injury survivors and their loved ones.

You can [look up your MP here](https://members.parliament.uk/FindYourMP).

Dear *(add MP name)*

**Over the course of this parliament around 1.8 million people will be admitted to hospital with an acquired brain injury (ABI).**

Urgent government action is needed to improve the lives of those currently affected by brain injuries, as well as those who will be affected in the future.

I would like to encourage you to join other MPs and champion the needs of people affected by brain injury, by calling on the Chancellor to [Budget for Brain Injury](https://www.headway.org.uk/news-and-campaigns/campaigns/budget-for-brain-injury/) in the autumn Budget on 30th October.

Every 90 seconds someone is admitted to hospital with an acquired brain injury. Brain injury can strike anyone at any moment, instantly altering the course of life. An ABI is an injury sustained to the brain after birth that can profoundly impact vital functions like walking, talking, thinking, and feeling, often resulting in severe and permanent losses. It can mean saying goodbye to both the life you once knew and the person you once were.

Many brain injury survivors will require a form of neurorehabilitation and for some, this will be a lifelong need.

I have been personally affected by brain injury *(please add your own experience here if you would like to share it.)*

Headway – the brain injury association works to promote understanding of all aspects of brain injury and provide information and services to brain injury survivors and their families.

You can find out more about Headway’s [five key asks of the government here](https://headway.org.uk/ge24).

By encouraging the Chancellor to Budget for Brain Injury, you will be supporting brain injury survivors and their loved ones to lead fulfilling lives, and to maintain as much independence, choice, and control as possible.

Thank you for your time. I look forward to hearing from you.

Kind regards,

(add your name) (add your postcode)