

Further Information about Stanley House Nursing Home, Bosbury, Nr Ledbury, Herefordshire
(Stanley House Limited)

Focus of Facility:

- The Unit has 21 beds, across 2 wings.
- It offers care for life / long term care to those with ABI and other acquired conditions
- It seeks to maintain / improve service users' abilities through a programme of therapies/ access to activities focussing on quality of life

Ethos:

- The Unit aims to provide a home like setting, able to meet the needs of individuals who may have ongoing need for medical / nursing cares.
- The Unit operates a person centred approach to care
- Service users / families can be supported when required, to undertake advance care planning and decision making

Costs (per week):

- From £1743: includes therapies as required
- 1:1 costs £11,45 per hour
- Preadmission assessments undertaken free of charge

Clientele:

- The Unit can accept adults, male and female
- The Unit can cater for those with additional medical needs e.g. PEG feeds, tracheostomy, CPAP / continuous oxygen

Location:

- The Unit is in a rural setting, 4 miles from the market town of Ledbury, 10 miles from Hereford
- The Unit has good links with both road (M5 and M50) and rail (nearest station is in Ledbury)

Family Accommodation:

- The Unit does not routinely offer accommodation to families, but can offer sleep / rest areas when close attendance by family is required e.g. due to illness
- There is a range of hotels / B and B facilities nearby (e.g. in Ledbury)

Family Dining Facilities:

- Visiting family / friends are offered a drink when on site
- Meals and light snacks can be provided under certain circumstances on request

Range of Cares Provided:

- Physiotherapy, Speech and Language Therapy, Occupational Therapy, Neuro-massage, Music Therapy and Art Therapy are available as required
- Other services that can be accessed on site / locally include health and beauty treatments (e.g. manicures), and tai chi / exercise based classes.

Service User Involvement:

Rehabilitation Schedules, Social Activities, and Activities of Daily Living:

- Service users are allocated a key worker and named nurse at admission
- The key and named nurse act as point of contact with families i.e. liaison role, and support the service user e.g. act as advocate / ensure records are maintained
- Service User and families are encouraged to contribute to care planning and decision making
- Service users are able to access a range of daily activities, reflecting interests and care needs e.g. board games, puzzles, craft and films. Offsite activities are supported, reflecting personal choice e.g. coffee mornings, farm visits, cinema etc
- Activities and therapies are offered at a pace to suit individual need and wishes.

Clothing and Laundry:

- A full laundry and ironing service is offered by the Unit
- An 'attach a tag' labelling service is available at a small cost
- Service Users / families who may wish to do their own washing independently are supported to do so

Mealtimes:

Diet and Choice:

- The Unit has a 24 hour kitchen with a 4 week rolling menu; food, drinks and snacks are available as required
- Menus are discussed at residents' meetings and any suggestions considered
- Weight checks etc are routinely carried out
- The Unit can cater for specialist diets and can access professional advice when required
 - Speech and Language Therapy visits every month / can advise regarding modified texture diets etc

- Dietician visits every 2 months and can advise re individual nutritional needs

Bedrooms:

- Each service user has their own room, which can be personalised
- Rooms are en-suite (17 with toilet, hand-basin and shower, 3 with toilet and hand-basin only)
- There are 2 additional large accessible bathrooms with specialist bathing facilities

Access:

- The Unit has two wings
- 'Stanley House' is sited over 3 floors, with through lift access. It has 11 rooms
- 'Porters Lodge' is a ground level wing, with 10 bedrooms
- Each wing has its own lounge, quiet areas and dining room
- Service users have full access across both wings
- Residents can access surrounding garden areas, the exits not being locked or restricted. They can be alarmed if required.
- Bedroom doors are lockable, and the unit has an external key code entry / exit system

GP / Medical Cover:

- The Unit receives routine fortnightly visits from a local GP. The GP can also be called in an emergency and / or service users may visit the local surgery
- A consultant neuropsychiatrist visits every 2 months
- Service users from local authorities (e.g. Hereford, Worcester and Gloucester) may elect to retain contact with their own consultants.
- If a medical emergency arises, staff will call the ambulance service.
- Where an extended hospital admission is required, a staff member will (whenever possible) be allocated to escort the service user to hospital / attend them daily

Staff Training:

- All new staff receive core mandatory training
- A introductory Brain Injury training pack has been developed in house, which all current staff and all new starters attend
- Staff are trained in a range of interventions to meet the needs of service users with altered / challenging behaviour patterns

Fire Safety and Evacuation Planning:

- Each service user has a personal evacuation plan, reflecting their physical and other requirements
- The Unit has an automatic sprinkler system and alarms are tested weekly
- There is a monthly fire drill
- The home is subject to annual fire inspections

Management Team:

- The Unit is co-owned by 4 directors, who work full time on site
- The Registered Manager, one of the co-owners, has 23 years experience in a range of healthcare settings, and has undertaken a degree module in the Management of Acquired Brain Injury (University of Northampton 2011)

Service User Contact Details:

- Key family contact details (addresses / phone numbers etc) are logged at admission
- All family / friends contact details are routinely checked / updated at 6monthly care plan reviews, a database being kept on computer for ease of reference
- Interim changes notified to the Unit are logged and updated within the care plans and database

Transport:

- The Unit has a small wheelchair accessible vehicle and a larger wheelchair accessible bus
- The Unit operate a collection service for visitors arriving in Ledbury by public transport, subject to prior request