

Appendix: Further information about the Market Lodge Acquired Brain Injury Unit, Ledbury (Shaw Healthcare)

Focus on facility.

- Market Lodge ABI Service is a 10 bedded Unit which provides a community access model of re-enablement for adults.

Ethos.

- The Unit aims to enable service users to live as independently as possible by relearning skills that have been lost through an ABI.
- Where possible, the Unit works towards discharge into the community by assisting service users with social and daily living skills.
- When appropriate and subject to funding, the Unit can offer long-term placements.
- Service users are encouraged to participate in reaching decisions affecting their care and future aspirations. This is achieved through the implementation and formulation of a person centred care plan.

Costs.

- Charges per week for Nursing Care: £1600 per week.
Additional charges are incurred for the provision of Physiotherapy, Neuro Massage Therapy, Speech and Language Therapy, Occupational Therapy and Neuropsychology.
- Additional 1:1 support charged at £10.00 per hour
- Pre Admission Assessments are carried out free of charge to include a comprehensive report within 7 days of the assessment
- When funded by statutory services (e.g. Health/ Social Services), final decisions regarding the level of funding that will be met is made by the paying authority prior to admission.

Clientele.

- Market Lodge ABI unit accepts adults, male and female
- We offer rehabilitation for service users with a range of Acquired Brain Injury – traumatic and organic
- The nurse led unit can accept service users with PEG's and stable tracheostomy
- The focus on admission is the potential for the service users to benefit from our environment and structured therapy/activity programmes to enable effective rehabilitation and quality of life through the multi- disciplinary and person centred approach.

Location.

- The Unit is located in the centre of Ledbury, a market town on the Herefordshire border, close to Worcester and within an hour of Birmingham.
- Ledbury has good road links via the M50 and M5 to the Midlands, South Wales and the South West and good rail links.
- The Unit is close to a range of local amenities such as Shops, Churches, Banks, Cafes, recreational facilities.

Family accommodation.

- Although there is no formal accommodation for visiting family members/ friends the Unit has good links with local hotels.

Family dining facilities.

- Family members may request a meal to be provided by a central kitchen to eat with their relative for a small cost.
- The Unit can cater for a variety of specialised dietary requirements, information available on request.

Range of care provided.

- As specified by each service users funded care plan there is access to visiting professionals such as Physiotherapy, Neuro- Massage therapy, Occupational therapy, Speech and Language therapy, Neuro- Psychology.
- The Multi-disciplinary team reviews rehabilitation and goals set by therapists, monitoring progress and setting new goals as required
- Market Lodge ABI unit is located in the Ledbury Community Health and Care Centre, which is a multi tenanted service with a range of services accessible when required to service users

Service User Involvement: Rehabilitation Schedules, Social Activities and Activities of Daily Living.

- Service Users are allocated a Named Nurse and Key Worker on admission to the Unit.
- Service Users and relatives are encouraged to actively engage in the implementation and formulation of a person centred care plan, incorporating goal setting and therapeutic needs.
- Each resident will have an individualised weekly therapy/activity programme which is implemented by the Community Therapy Co-ordinator. These are displayed in the service user's room with their consent and communicated to the staff team.
- Subject to care plans, Service Users will be supported to undertake and develop skills such as cooking, laundry, shopping and budgeting.
- Service users are encouraged and supported to undertake meaningful therapies/activities such as going to places of worship, undertaking community groups such as the Rainbow forum, dance classes, gym and hydrotherapy or leisure pool, horticultural college, unit sensory garden, off site allotment, college courses.
- Activities supported by the Unit include attendance at local football matches, bowling, local festivals and trips.

Clothing and Laundry.

- Where possible service users are actively encouraged and supported to undertake their own laundry on the unit.
- For those who are unable to do so there is a central laundry
- Residents' clothing is labelled to ensure efficient return of personal clothing.

Mealtimes, Diet and Choice.

- Meals are provided by a central catering department for each service user at set times. These are flexible dependant on the service users needs and snacks are available throughout the day on request. Hot and cold beverages are served throughout the day and are available on request.
- The Unit can cater for a variety of dietary requirements such as texture modified, diabetic, vegetarian, vegan and gluten free.
- Subject to care plans, Service users are actively encouraged to prepare their own drinks and cook.
- When indicated, Service Users can be referred to our visiting Speech and Language Therapist for assessment and advice.
- Service users are monitored for weight/ BMI and can be referred to a dietician if required to give advice on healthy eating and clinical advice.

Bedrooms.

- Each bedroom is for single tenancy and benefits from an en-suite facility.
- Service users may decorate and furnish their own room to personal taste to reflect personality and culture.

Access.

- The ABI unit is located on the first floor of the Community Health and Care Centre and has a dedicated entrance leading to a set of stairs. There is also access through the main reception to a lift leading to a separate entrance.
- There is a communal lounge and a quiet room.
- The doors have a key pad access point. Subject to individualised risk assessment and care planning residents are free to come and go as they wish.

GP/ Medical Cover.

- Market Lodge benefits from a dedicated General Practitioner who has a number of years experience working with people who have had an Acquired Brain Injury.
- Service Users are registered with the General Practitioner at admission. He is responsible for conducting bimonthly ward rounds to discuss progress, and review medications.
- Referrals can be made to specialists as required.
- The Unit benefits from a 24 hour dedicated minor injuries unit within the complex that can give emergency assistance if needed.

Staff Training.

- All new staff are required to complete mandatory 4 day induction training.
- New staff receive core ABI training covering Anatomy and Physiology of the brain, and a range of potential sequelae of brain injury.

- All staff are enrolled onto a management of challenging behaviour workshop 3 and attend an annual refresher.
- The visiting Neuro- Psychologist carries out a staff workshop alternate months.
- The Shaw Healthcare Learning Academy programme supports staff in Continuing Professional Development and the Quality Care Framework Diploma.

Fire Safety and Evacuation Planning.

- The ABI unit is part of the multi tenanted site, overseen by the Facilities Manager for fire safety.
- The home is subject to an annual fire safety inspection.
- The home is located close to local fire and ambulance stations.
- Staff receive regular fire and evacuation training.
- Fire alarms are tested weekly by the maintenance operatives and the Facilities Manager.
- The Unit has a Service Continuity Plan to cover procedures and provision of services

Management Team.

- The Registered Manager of the unit is a State Registered Nurse holding over 16 years Management experience and holding the Degree Module in the Management of Acquired Brain Injury (University of Northampton in 2009).
- The Deputy Manager qualified as a Registered Nurse in 2007, and has over 4 years experience in the field of Acquired Brain Injury. He is currently working towards a Diploma module in Acquired Brain Injury awareness with the University of Northampton.

Transport.

- The ABI unit benefits from its own dedicated minibus to allow maximum community access service users.
- Ledbury also benefits from excellent rail and bus links.