



Headstart



the brain injury association

FEBRUARY 2016



It's only February and Headway Sefton have already created lots of positive noise in the Sefton area.

With over 100 people at the Burns Night event at Formby Gild Hall and a January drop-in that was full to the brim, we are definitely increasing awareness of Headway and the value we can bring to both carers and sufferers.



BURNS NIGHT EVENT 30th January 2016. The Gild Hall, Formby

Over 100 people met at Formby Gild Hall on Saturday 30th January to enjoy Burns Night whilst fundraising for Headway Sefton. The evening began in traditional Scottish style with a bagpiper. Hugh Lamont then addressed the haggis and a delicious Haggis supper was enjoyed by all. The Sir Calder band energetically played music encouraging everyone to join in the traditional Ceilidh dancing.

It was great to have Headway Sefton committee and group members at the event including Catherine and Andrew Ormisher, Heather, Steven and Michael. A good time was had by all.

Tickets and a wholesome set of raffle prizes enabled Headway Sefton to raise funds which will be used to support and enrich the lives of the head injured and their carers in the Sefton region.

We have tentatively pencilled in Saturday 28th January 2017 so we will keep you posted!



Drop in Headway Sefton in The Strand!

Opposite Wilkos in lower mall next to card factory shop, the **Strand By Me** health service shop will be home to Headway Sefton from Monday February 8th to Saturday 13th February.

Opened by Liverpool FC's Jamie Carragher, The Strand By Me shop is based on an idea by GP practices in Bootle to make sources of support more accessible to residents – is available for organisations to hire to promote their health-related services and offer information and advice to local people. **Pop in and see us!!**

STRAND
BY ME

Community and health services for you



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Headstart

Headway's Online Community

Through Headway UK's Facebook, Twitter, YouTube and new HealthUnlocked forum, we aim to give you the chance to connect online with other people who are affected by brain injury.

The community is primarily for people with a brain injury, their family and carers, but anyone is welcome to join in the conversation.

HEADWAYUK - You can [like us on Facebook](#), [follow us on Twitter](#), [connect with us on Instagram](#) or [watch us on YouTube](#).

Support from Birkdale

Townswomens Guild

Some Headway Sefton committee members and head injury survivors are attending the Birkdale Townswomens Guild *cheese & wine* evening on 22nd February.

Headway Sefton will be presented with a cheque to support our work in the area`



FACTSHEETS

Don't forget there are lots of useful resources on the main Headway UK website including a Factsheet search facility.

<https://www.headway.org.uk/about-brain-injury/individuals/factsheets/>

Coffee Mornings

Sefton Carers Centre - South Rd. Every Monday and Wednesday. 10.30am – 12.30pm

Important Notice

Due to expansion of the group, we will be moving the location of our meetings following our 10th February drop-in at Sefton Carers Centre.

To find out about our new premises and drop-in times please contact us using the details below



Call: Cathy on 07736 774496
Email: headwaysefton@yahoo.co.uk
Visit: headway.org/sefton.aspx



Headway Sefton



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