**Further Information about Maeres House, Widnes**

**Voyage Care**

**Focus of Facility:**

* The focus of Maeres House is to enable clients post brain injury to regain their physical, social, cognitive and independent living skills. This is centred on encouragement of daily functional skills and rehabilitation goals identified through therapy input and continuous reviewing of person centred care and those recognised goals.

**Ethos:**

* The service aims to provide a person centred and holistic approach to rehabilitation.
* Individuals are encouraged to be involved in all aspects of their care and the setting of rehabilitation goals.
* Individuals are encouraged to participate in daily living tasks and a variety of activities giving them the opportunity to apply functional meaning to therapeutic exercises and tasks.

**Costs (per week):**

* £1400 which includes 1 hour therapy at £90 per hour.

**Clientele:**

* Individuals who have an acquired brain injury and would benefit from increasing their independence or those wishing to maintain a level of independence who require on-going therapeutic intervention.

**Location:**

* Maeres House is located in Widnes, Cheshire.
* The service is close to Liverpool, Runcorn and Warrington with good transport links.

**Family Accommodation:**

* Partners are welcome to stay overnight.
* Double beds and bed settees can be facilitated, where appropriate.

**Family Dining Facilities:**

* There is a combined kitchen/dining room which can be used for meals with friends, partners and family.
* There is a separate training kitchen with dining table, which can be made available for families to prepare and eat meals together.

**Range of Cares Provided:**

* Neuro-speech and language therapy, Neuro-physiotherapy, Neuro-OT, Neuro-psychology, Neuropsychiatry, behaviour therapy and counselling are available, as required.
* Programmes will be carefully designed and integrated into each person’s daily routine.

**Service User Involvement:**

* Each service user is fully involved in the creation and review of their support plans and review of care needs assessments.
* A person centred review is scheduled every year for the service users to engage in a meeting with their friends or family to discuss the support they receive and whether it could be improved.

**Rehabilitation Schedules, Social Activities, and Activities of Daily Living which include:**

* Bespoke weekly activity planners
* Daily structures
* Specific GAS goals relating to what is important for and to the service user
* Therapeutic exercises relating to daily living skills with Occupational Therapy, if required
* Theatre, cinema, galleries, museums, swimming, library.
* Gardening
* Holidays
* Disco
* Exercise clubs
* Meals at local restaurants
* Local charity shopping trips
* Nearby large retail park

**Clothing and Laundry:**

* Service users are encouraged to do their laundry daily in the provided large laundry room with washer and drier.

**Mealtimes:**

* Specific mealtimes are in place to assist those individuals who require more structure and consistency to their day. However, individuals who do not require this level of structure are encouraged to plan their own mealtimes.
* Facilities enable all service users to eat together or separately, as preferred. Family members are able to attend for special occasions like birthdays / a Christmas meal.

**Diet and Choice:**

* Maeres house provides support for those who wish to create their own menu planner around food they enjoy cooking and eating.
* Each person is given the opportunity to plan their meals for the forthcoming week whether that is on a communal menu or an individual one. There are alternative menus in place in the event that the preferred choice is not on the weekly menu.
* This service caters for any additional needs such as dysphagia, diabetes or allergies and cultural needs.

**Bedrooms:**

* There are eight bedrooms at Maeres House.
* Each bedroom is large and spacious with en-suite facilities.
* Bedrooms can be personalised to each person’s preferences.
* Where a clinical recommendation is made e.g. for a specialist piece of equipment such as a profiling bed, this must then take precedence over personal choice e.g. if there is a safety issue.

**Access:**

* The service is purpose built and the house and garden are wheelchair accessible.
* Portable hoists are available and the second floor is accessible via a lift.
* All bedrooms are level access and corridors/doors wide enough to accommodate wheelchairs, mobility aids.

**GP / Medical Cover**:

* There are a number of GP surgeries within walking distance of the service giving a choice to individuals.
* The unit works closely with GPs to support their understanding of how individuals have been affected by their injury.
* Clients who move into Maeres House are registered at the earliest opportunity to ensure prompt receipt of medication.

**Staff Training:**

* All staff receive a bespoke 2 week induction to Maeres House.
* Induction training is supported with an additional training plan that includes both core and specialist training, some examples include, introduction to brain injury, safeguarding and person centred approaches.
* Staff are also encouraged to attend conferences, workshops and road shows to support their knowledge development.

**Fire Safety and Evacuation Planning:**

* Each individual has a personal emergency evacuation plan specific to their cognitive and physical needs.
* Emergency lighting is fitted throughout the building.
* There is an emergency grab box located in the front office.
* The service has functional emergency fire doors which are tested regularly.
* Daily, weekly, monthly, bi-annual and annual health and safety checks are carried out to ensure that all fire systems in place are suitable and reviewed appropriately.
* The service has an emergency fire and evacuation plan in place.
* Specialist equipment such as evacuation mats are available, where required.

**Management Team:**

* The management team is made up of a service manager and three team leaders.
* All members of the management team have completed diplomas in Health and Social care at the appropriate level.
* The service manager has over 2 years’ experience in the management of residential services and over 6 years’ experience working in acquired brain injury services. In addition, the manager holds a degree in Psychology and is working towards a qualification in leadership and management in health and social care.

**Service User Contact Details:**

* All service user contact details are kept in their individual support guidelines.

**Transport:**

* The service has a minibus with 6 seat capacity and space to secure two wheelchairs.
* Local transport links include frequent bus services into the city centre and adjoining boroughs, local and national rail services and access to both Liverpool and Manchester airports.