**Further Information about Sanderling House, Formby**

**Voyage Care**

**Focus of Facility:**

* The service specialises in supporting individuals who may be experiencing dramatic lifestyle changes as a result of acquired brain injury.
* The service has particular experience of supporting those whose injury is related to alcohol or substance misuse.

**Ethos:**

* The service endeavours to enable people to regain an independent way of life and work with them to achieve their goals and aspirations.

**Clientele:**

* Individuals who would benefit from increasing their independence, to regain life skills to lead a more independent lifestyle.

**Location:**

* The service is in Formby, Liverpool which is a small residential village.
* It has good transport links to Liverpool city Centre, Birkenhead and surrounding areas.

**Family Accommodation:**

* Partners are welcome to stay overnight.
* Double beds and bed settees can be facilitated, where appropriate.

**Family Dining Facilities:**

* There is a combined kitchen/dining room which can be used for meals with friends, partners and family.

**Range of Cares Provided:**

* Neuro-speech and language therapy, Neuro-physiotherapy, Neuro-Occupational therapy, Neuro-psychology, Neuropsychiatry, behaviour therapy and counselling are available, as required.
* Programmes will be carefully designed and integrated into each person’s daily routine.

**Service User Involvement:**

* Each client is fully involved in the creation and review of their support plans and review of care needs assessments.
* Each client will have monthly key worker meetings where they will have the opportunity to discuss anything important to them in terms of their physical and mental health, finances, appointments, activities, menu choices, social skills, therapy engagement, any mobility issues, daily living skills, medication and GAS (goal attainment scaling) goals.
* A person centred review is scheduled every year for the clients’ to engage in a meeting with their friends or family to discuss the support they receive and whether it could be improved.

**Rehabilitation schedules, social activities, and engagement with daily living include:**

* Bespoke weekly activity planners and daily routines
* Specific GAS goals relating to what is important for and to the client
* Therapeutic exercises relating to daily living skills with Occupational Therapy, if required
* Accessing local volunteering opportunities in the local village
* Community activities: Theatre, cinema, afternoon tea, galleries, museums, snooker, swimming, Southport seaside resort, Formby pinewoods, local blue flag beach, local music events and library.
* Gardening
* Pet therapy
* Holidays
* Social groups

**Clothing and Laundry:**

* Sanderling House has laundry facilities for clients to use at their will or as part of a rotated laundry system.

**Mealtimes:**

* Mealtimes are tailored around the individuals and are not set to specific times.
* Clients can choose to eat alone or with the other people living at Sanderling House and the staff.
* Mealtimes are entirely person centred and depend on whether or not the client wishes to make their own meals with support. Breakfast, lunch and an evening meal will be provided for those who are unable to cook for themselves.

**Diet and Choice:**

* Sanderling house provides support for those who wish to create their own menu planner around food they enjoy cooking and eating.
* Each client is given the opportunity to plan their meals for the forthcoming week whether that is on a communal menu or an individual one. There are alternative menus in place in the event that the preferred choice is not on the weekly menu.
* The service caters for any additional needs such as dysphagia, diabetes or allergies and cultural needs.

**Bedrooms:**

* There are seven bedrooms at Sanderling House.
* Each bedroom at Sanderling House is large and spacious with en-suite facilities.
* Bedroom’s can be personalised according to personal preferences.

**Access:**

* Sanderling House is accessible for wheelchair users through the front and rear entrance.
* The service has its own private car park.
* There is no lift at Sanderling house but there are two bedrooms located on the ground floor.
* Some corridors are quite narrow at Sanderling House.
* There is wheelchair access to the smoking area in the garden.

**GP / Medical Cover**:

* All clients living at Sanderling House are registered with the same local GP although there are several other GP practises in the local area.
* Clients who move into Sanderling House are registered at the earliest opportunity to ensure prompt receipt of medication.

**Staff Training:**

* All staff have mandatory training in key areas of support including acquired brain injury
* Senior staff have Level 3 Diploma in Health and Social Care.
* Specific training is available, as and when required.
* All staff receive fire training and take part in fire drills.

**Fire Safety and Evacuation Planning:**

* Each individual has a personal emergency evacuation plan specific to their cognitive and physical needs.
* The service has 7 fire call points accessible on each floor.
* Emergency lighting is fitted throughout the building.
* There is an emergency grab box located in a cupboard next to the front door to the building.
* The service has a functional smoke vent and emergency fire doors which are tested regularly.
* Daily, weekly, monthly, bi-annually and annual health and safety checks are carried out to ensure that all fire systems in place are suitable and reviewed appropriately.
* The service has an emergency fire and evacuation plan in place.

**Management Team:**

* The service manager is working toward Level 5 Diploma in Leadership and Management in Health and Social Care.
* The service manager has 8 years of experience in an ABI environment and has been a manager for nearly 4 years.
* The deputy manager has 7 years of experience within an ABI environment and is also working towards a Level 5 Diploma in Leadership and Management in health and social care.
* The service is supported by 2 fully trained senior staff members and both are well established with combined experience time of 13 years within an ABI environment.

**Service User Contact Details:**

* All client contact details are kept in their individual support guidelines.

**Transport:**

* Sanderling House has its own 7 seater vehicle available for service users to be transported in.
* The service has five drivers.
* Sanderling house is close to local transport links, Merseytravel and Merseyrail and air links from Liverpool John Lennon airport is only a 40 minute drive away.