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BIRT - the charity leading brain injury rehabilitation across the UK

The BIRT Conference 2017

#BIRT2017

27th - 28th September 2017 Hilton Glasgow, 1 William Street, Glasgow, G3 8HT





Pioneering approaches, research and practice: the new world of brain injury rehabilitation

We invite you to be a part of the UK's leading brain injury conference: The BIRT Conference 2017, our internationally renowned biennial event. We are delighted to be hosting the seventh BIRT Conference in the vibrant city of Glasgow for the first time.

Leading experts, academics and practitioners from around the globe will be speaking at the BIRT Conference 2017. They will examine and share pioneering developments, ideas and research about the rehabilitation of people with brain injury.

As well as the keynote plenary sessions, practical workshops and symposia presented by recognised experts in the field, The BIRT Conference 2017 will give delegates the opportunity to participate in debate, discussion, learn new techniques and to share good practice. On Day 2, delegates may choose four out of 11 workshops/symposia which run simultaneously throughout the day, or attend parts of all 11 if they so wish. The conference will give delegates ideas, inspiration and practical approaches to use in their work with people with acquired brain injury.

We are very grateful to Irwin Mitchell Solicitors whose main sponsorship has enabled us to keep delegate prices relatively low, making the BIRT Conference 2017 accessible for as many people as possible.



Some highlights

- Hear the latest research about emotion technology from world renowned scientist Dr Rosalind Picard, Massachusetts Institute of Technology, then discover what our teams have been doing in this field in the UK in the 'Thinking Technology' symposium.
- In our Live Research Lab, join a team of 'movers and shakers' in health and rehabilitation research to **learn** and **have your say** about the roadmap to making brain injury rehabilitation ever better.
- Learn the current theory of executive functioning and rehabilitation from internationally recognised expert Professor Brian Levine, University of Toronto, then find out how this can be put into practice in his 'Goal Management Therapy' workshop.
- **Be inspired** by Professor Jon Evans' keynote presentation about positive psychology, and his ideas for practical interventions in the workshop on Day 2.
- Question and challenge our expert panel members (scientists, legal and sporting representatives) in our BBC style 'Question Time on Concussion'. We promise an enlightening and stimulating debate!

More highlights further on...

Who should attend

The BIRT Conference 2017 is aimed at professionals working in, or with an interest in acquired brain injury, including:

clinical psychologists and neuropsychologists · neurologists · psychiatrists · rehabilitation medicine specialists · GPs · physiotherapists · speech and language therapists · occupational therapists · social workers · care managers · case managers · rehabilitation support workers · statutory and voluntary sector care providers · personal injury lawyers · representatives from CCGs, CSUs, NHS England, Health Boards in Scotland and Wales · therapy assistants · researchers and academics

Learning outcomes

The BIRT Conference 2017 aims to provide solid knowledge for those who work with people who have acquired brain injury. The learning outcomes the conference offers are:

- To be updated on the latest international practices in brain injury rehabilitation
- To create awareness of the latest technology available for assessment, rehabilitation and long-term support of individuals with an acquired brain injury and their families
- To learn about scientific developments and their implications for brain injury rehabilitation
- To take part in sharing the latest research in brain injury rehabilitation

The BIRT Conference 2017: Programme

Day One: Wednesday 27th September

10:00 - 11:00

Emotion technology

Professor Rosalind Picard
Director of Affective Computing Research Group,
Massachusetts Institute of Technology, USA

11:00 - 12:30

Neurobehavioural disability and rehabilitation

Professor Tom McMillan Professor of Clinical Neuropsychology, University of Glasgow, UK

12:30 - 13:30 LUNCH BREAK

13:30 - 14:30

Executive functions and rehabilitation

Professor Brian Levine Senior Scientist, Rotman Research Institute, University of Toronto, Canada

14:30 - 15:30

Patient treatment matching: developing process specific memory interventions

Professor Russell Bauer Professor of Clinical and Health Psychology and Neurology, University of Florida, USA

16:00 - 17:00

Positive psychology

Professor Jon Evans Professor of Applied Neuropsychology, University of Glasgow, UK

Day Two Morning:Thursday 28th September

09:00 - 10:30

1. Developing social communication skills after ABI

Rachel Thomson

Speech and Language Therapist, Graham Anderson House, BIRT

Jacqueline Smith

Speech and Language Therapist, Graham Anderson House. BIRT

Rosie Exell

Speech and Language Therapist, The Woodmill, BIRT

2. Intensive upper limb neurorehabilitation

Dr Nick Ward

Honorary Consultant Neurologist and Reader in Clinical Neurology

Fran Brander

Clinical Specialist Physiotherapist

Kate Kelly

Clinical Specialist Occupational Therapist University College London

3. Thinking technology: Technology to support self-control of behaviour

What is executive dysfunction and how can technology help?

Dr Brian O'Neill

Consultant Clinical Psychologist in

Neurorehabilitation,

Graham Anderson House, BIRT

Therapy and assessment in embodied virtual reality

Zack Lyons

Doctoral Research Engineer

Dr Leon Watts

Senior Lecturer, Department of Computer Science, University of Bath

Emotion monitoring and biofeedback

Dr Ailie Clark

Clinical Psychologist,

Graham Anderson House, BIRT

Dr Pam Brown

Senior Clinical Psychologist,

Graham Anderson House, BIRT

Technologies to support persons with cognitive impairment

Dr Inga-Lill Boman

Occupational Therapist, Karolinska Instituet,

Danderyd Hospital, Sweden

11:00 - 12.30

4. Social rehabilitation in action

Craig Swarbrick

Occupational Therapist,

Thomas Edward Mitton House, BIRT

Dr Michael Brown

Clinical Psychologist,

Daniel Yorath House, BIRT

Jan McIntosh-Brown

Speech and Language Therapist,

Graham Anderson House, BIRT

5. Pharmacotherapy in brain injury rehabilitation

An overview

Dr Richard Greenwood

Consultant Neurologist and Lead Clinician,

Acute Brain Injury Service,

University College London Hospitals

Putting the "neuro" back in "neurobehavioural"

Dr Brian O'Neill

Consultant Clinical Psychologist in

Neurorehabilitation,

Graham Anderson House, BIRT

Use of atypical antipsychotics in challenging cases

Dr Saduf Riaz

Consultant Psychiatrist,

Graham Anderson House, BIRT

6. Live research lab

Dr Andrew Bateman

Neuro Rehabilitation Clinical Lead,

Oliver Zangwill Centre

Dr Nick Behn

Research Fellow,

City University of London

Steve Abolins

Research Manager,

National Institute for Health Research

Kathy Tier

Research Manager,

National Institute for Health Research

Day Two Afternoon:

Thursday 28th September

12:30 - 13:30 LUNCH BREAK

13:30 - 15:00

7. Goal Management Therapy

Professor Brian Levine

Senior Scientist, Rotman Research Institute,

University of Toronto, Canada

8. How to set-up and run your own ABI research project: A step-by-step guide

Jenny Orr

Senior Occupational Therapist,

Daniel Yorath House, BIRT

Dr Sara da Silva Ramos

Research Fellow, The Disabilities Trust

9. BIRT Question Time on Concussion

Dr Magdalena Ietswaart

Senior Lecturer, University of Stirling

Professor Annette Sterr

Professor of Cognitive Neuroscience and

Neuropsychology, University of Surrey

Dr Stuart Anderson

Lead Consultant Neuropsychologist, Hurstwood Park

Deirdre Healy

Partner, Irwin Mitchell Solicitors

15:30 - 17:00

10. Resilience and positive psychology

Compassion focussed training for staff

Dr Miles Rogish

Consultant Clinical Psychologist, York House, BIRT

A positive psychology intervention for people with ABI

Professor Jon Evans

Professor of Applied Neuropsychology,

University of Glasgow

11. New ways of identifying rehabilitation needs and working with families in the community

Dr Sue Copstick

Clinical Director,

The Disabilities Trust

Sarah Clifford

Director of Communications,

The Disabilities Trust

Dr Abi Cheeseman

Consultant Clinical Psychologist,

The Woodmill, BIRT

Transport and accommodation

Due to limited parking at Hilton Glasgow, and in order to be environmentally responsible, we encourage delegates to travel by public transport if at all possible.



Unless otherwise shown there are daily flights to and from Glasgow International Airport from the following airports (correct at time of going to print). The airport is only eight miles west of the city. The airport bus runs from the airport to Glasgow city centre (approx. 20 minute journey) at least every 10 minutes, 24 hours a day, stopping within a five minute walk of the Hilton Hotel for £10 return fare. Glasgow Central Station links Glasgow by rail to all UK cities. Glasgow Queen Street Station operates routes mainly to Central and Northern Scotland. The Hilton Hotel is less than a mile from both railway stations and costs around £5-£10 in a taxi.

Airport	Airline		
Belfast International	Easy Jet		
Bristol	Easy Jet		
Belfast City	flybe		
Birmingham	flybe		
Cardiff	flybe		
Dublin	Ryanair &		
	Åer Lingus		
East Midlands*	flybe		
Isle of Man	Ćitywing		



Average travel time by train from across the UK:

Railway Station	Average Time
London	4 Hours 10 minutes
Birmingham	4 Hours
Manchester	3 Hours 30 Minutes
Liverpool	3 Hours 40 Minutes
York	3 Hours 30 Minutes
Edinburgh	50 Minutes

Airport	Airline
Jersey*	Easy Jet
Kirkwall*	flybe
Leeds Bradford*	flybe
London City	British Airways
London Gatwick	Easy Jet &
	British Airways
London Heathrow	British Airways
London Luton	Easy Jet
London Stansted	Easy Jet & Ryanair
Manchester	flybe
Southampton	flybe
Stornoway	flybe
Sumburgh	flybe

^{*}flights almost daily



Accommodation:

For assistance in booking accommodation, including securing preferential rates at Hilton Glasgow, please contact Compass Venues info@venuesearch.net or call 01924 265 555.

More highlights

- **Understand** how Professor Russell Bauer, University of Florida, has matched specific memory interventions to individual patients.
- **Network** informally with peers and other professionals, and share good practice during formal sessions and debates.
- **Discover** how to embed an ABI research project in your practice with our step-by-step guide, including handy hints and tips.
- **Visit** our biggest ever exhibition, and (new this year) Demo Zones.

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How to book:

The easiest and fastest way is to book is online at www.birt.co.uk/conference

Alternatively, please complete the form below and return to BIRT, 3 Westgate Court, Silkwood Park, Wakefield, WF5 9TJ or email **birtconference@thedtgroup.org**. For enquiries relating to delegate bookings, exhibition space, sponsorship, and general conference enquiries, please email birtconference@thedtgroup.org or call 01924 269 403.

Delegate details (please complete this section	n for each delegate – ph	otocopies are accep	table)	
Or/Mr/Mrs/Ms/Miss (Please circle) Other:	First name:	Surname:		
ob title:	Department:			
Organisation:				
Address:				
		Postcode:		
- Fel:	Email:			
Please state any dietary or other special requi	rements:			
Attendance options: Price per delegate		Early booking price (Book before 30th June 2017)	Standard	
Option 1: Attend both days and ceilidh evenir	ng	£370.00	£420.00	
.ll options other than Option 4 include lunch Option 2: Attend both days, excluding ceilidh	evening	£325.00	£375.00	
Option 3: Attend one day only (please tick to	indicate day attending)	£195.00	£225.00	
Wed	nesday 27 th September	Thursday 28	th October	
Option 4: Attend ceilidh evening (Wednesday Ceilidh evening includes three course dinner a			£45.00	
zenian evening includes timee course airiner a	and entertainment			

Please find enclosed cheque payable to BIRT for the full amount, or please invoice me at the following address:

Payment 30 days either from date of invoice or before the conference (whichever is the sooner). Payment must be received prior to the conference. Accommodation is not included in the cost. www.birt.co.uk/conference

BIRT is a division of the Disabilities Trust and the means by which it provides its brain injury services. The Disabilities Trust is a company limited by guarantee incorporated in England and Wales under 2334589 and registered as a charity in England and Wales under 800797 and in Scotland under SC038972

The BIRT
Conference
2017

Ceilidh evening

(with a twist!)

Wednesday 27th September 2017



We could not have the BIRT
Conference in Scotland without a
ceilidh! Join us for this traditional
Scottish gathering, a fabulous evening
of celebration when you'll have the
chance to unwind, enjoy delicious
food... and have some fun!

Music will be provided by the fabulous Reel Time Ceilidh Band, who have amazed audiences worldwide with their modern and funky take on traditional Scottish music.

A selection of not quite traditional, delicious, Scottish fare will be served, along with a glass of fizz to help the evening along.

With dancing, good company and plenty of laughter, we promise a fun filled lively evening where you can relax and enjoy times with acquaintances, friends and colleagues.

Ticket price: £45, which includes a Scottish buffet, the live band, and a glass of Prosecco.