Sign up for your Brain Injury Identity Card today at www.headway.org.uk/idcard

## Headway - improving life after brain injury

For more information about brain injury or the support available, visit www.headway.org.uk or call the nurse-led helpline on 0808 800 2244.



"When I am tired I struggle to communicate and this can be very stressful when I'm out on my own. But now with the card, I don't have to explain myself to strangers."



the brain injury association

#### www.headway.org.uk

Headway - the brain injury association is registered with the Charity Commission for England and Wales (Charity no. 1025852) and the Office of the Scottish Regulator (Charity no. SC 039992). Headway is a company limited by guarantee, registered in England no. 2346893.

#### **Brain Injury Identity Card**



My name is: Jonathan Smith I have a brain injury and as a result: I have difficulty processing information I have attention and concentration difficulties

I experience fatigue

I may have anxiety

For 24 hour criminal legal assistance, please call:



0800 140 4031



# A simple solution to a tricky conversation

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# About the Brain Injury Identity Card

#### Why should I carry a Headway Brain Injury Identity Card?

The complexities of brain injury can make it difficult for people to ask for support. Carrying an official Headway Brain Injury Identity Card can provide you with the confidence to know that if you need help, your needs can be easily identified, whether in social situations, or if you come into contact with police officers or other emergency services.

#### Who can apply?

The card is available to anyone aged 18 and over who has a verifiable brain injury.

# I'm not currently involved with Headway. Can I still apply for a card?

Yes. Anyone living with the effects of brain injury can apply for a card.

#### Which agencies support the card?

The National Police Chiefs' Council (NPCC), which covers England and Wales, Police Scotland, and the Police Service of Northern Ireland all recognise and endorse this card.

#### What is the number on the front of the ID card?

This number can be called to request criminal legal advice and/or representation from solicitors trained in understanding brain injury, should you find yourself in a situation where you need this support.

# I have never come into contact with the police – is this card for me?

Absolutely! The card can be used in many different everyday social scenarios to help you access any support you may need.

#### What is required?

Clinical verification of brain injury and a photo are required, as well as some information about how your brain injury affects you.

#### How much does it cost?

The card is provided free-of-charge.

#### How do I apply?

It is quick and easy to apply either via the post or online at www.headway.org.uk/idcard

# A simple solution to a tricky conversation

For many, the effects of their brain injury are largely unseen and often misunderstood.

Impaired memory or concentration, slurred or slow speech, an unsteady walking style, or a reduced ability to control anger or emotion can cause everyday challenges and social misunderstandings for brain injury survivors to overcome.

These challenges can also lead some survivors into contact with the criminal justice system, often as a result of not being able to prove they have a brain injury.

The Headway Brain Injury Identity Card is designed to help police officers and staff more easily identify brain injury survivors and ensure that they receive an appropriate response and support.

### The card can also provide brain injury survivors with added confidence in everyday social scenarios.

Each card is personalised, helping the card holder to explain the effects of their brain injury and request any support they may need.

"It makes me feel safer should I get into problems." "As a Chief Constable, this card is most welcome. It will belp my officers understand brain injury and support people accordingly."

"I was in B&Q and was struggling how to explain what I needed. The assistant saw my ID card and took his time with me." "I was refused a taxi as the driver assumed I was drunk. I showed my card and he apologised and took me home."

For more information about the Brain Injury Identity Card or Headway's Justice Project, which aims to raise awareness of brain injury throughout the criminal justice system, visit **www.headway.org.uk/idcard** or contact **justiceproject@headway.org.uk**.

