**Headway Approved Provider Appendix**

**48 Cedar Road, Voyage Care, Dudley**

Focus of Facility:

* To support individuals to develop and maintain their independence and cognitive skills following acquired brain injury.
* In addition to support individuals to take part in activities to enhance quality of life, rebuild confidence and encourage social interaction.

Ethos:

* Support is based on rehabilitation techniques which aim to increase independence, and progress will be monitored closely using Goal Attainment Scaling, which provides motivation for the individual.
* Support plans are created by working with the individual and those close to them to meet their needs and personal goals.
* Individuals are encouraged to be involved in all aspects of their care and the setting of rehabilitation goals.

Costs per week:

* The weekly cost is individual based on need agreed upon assessment.
* Costs are inclusive of shared care and 1:1 support where needed along with therapy input.
* Reviews are held regularly to ensure that the package of care, support and enablement is still fit for purpose.

Clientele:

* Adults over 18 years of age who have an acquired brain injury.
* Adults who have other cognitive disorders that could benefit from the same approach may also be supported.

Location:

* The service is in Dudley with good transport links and local facilities.

Family Accommodation:

* Partners can stay at the service overnight.
* Double beds/ bed settees can be facilitated where appropriate.

Family Dining Facilities:

* There is a separate dining room with a Therapy kitchen which can be used for meals with partners or family.

Range of Cares Provided:

* Neuro therapy is provided and includes Speech and Language Therapy, Physiotherapy, Occupational Therapy, Psychology, Psychiatry, Behaviour Therapy and Counselling. These are available according to individual need and funding.
* Programmes are carefully designed and integrated into each person's daily routine.
* Support staff assist with daily therapeutic programmes, community activities and all areas of personal care and hygiene.
* The Therapy Co-ordinator works alongside the Neuro Therapists to provide ongoing analysis of daily therapy tasks and goal outcome scales.

Service User Involvement:

* Each person is fully involved in their support plan and in the daily running of the service to the extent of their ability.

Rehabilitation Schedules, Social Activities, and Activities of Daily

Living:

* Personalised structured daily and weekly routines.
* Therapy programmes are integrated in daily functional activities.
* A Training kitchen and accessible laundry are available to develop daily living skills.
* Educational, vocational and voluntary opportunities are supported, as appropriate.
* Structured routines, orientation sessions and errorless learning programmes are supported, as required.
* There are opportunities to include activities to enhance life for example trips to the theatre, shopping, holidays, meeting family and friends for coffee, hobbies and/or educational courses/vocational placements.

Clothing and Laundry:

* There is a large laundry room which is accessible for wheelchair users.
* People living at the service are encouraged to do their own laundry with support from staff to promote independence.

Mealtimes:

* The dining room has space for everyone to eat together if they wish, or individuals are able to eat separately if they prefer.
* Mealtimes are flexible to work around individual's activities.
* Facilities enable all service users to eat together or separately, as preferred.
* Family members are able to attend for special occasions e.g. birthdays / a Christmas meal.

Diet and Choice:

* Everyone can choose their own meals and be involved in writing menus.
* Individual menus can be developed to respond to increasing personal independence or special dietary requirements.
* The service caters for varied diets and any cultural needs, as requested.
* Service Users are supported to track their weight and are supported, where needed, to adopt a healthy lifestyle.

Bedrooms:

* Each bedroom can be decorated to the individual's preference.
* Each bedroom has its own level access en-suite facilities.

Access:

* The service is purpose built; the house and garden are fully wheelchair accessible.
* Ceiling tracking is available if needed, along with portable hoists.
* All rooms have level access and corridors are wide.
* A lift aids access to the upper floor.

GP / Medical Cover:

* All individuals are registered with the local Primary Care team and supported to make and attend necessary appointments.
* Home visits by the GP are available, where appropriate.
* Specialist medical services will be accessed via the Primary Care Team, if not already involved on admission.

Staff Training:

* Induction training is supported with an additional training plan that includes both core and specialist training, some examples include introduction to brain injury, safeguarding and person centred approaches.
* Bespoke training is developed for specific programmes and specific individual needs.
* Following basic training and a probationary period staff are supported to go on to acquire a diploma in Health and Social Care at the appropriate level.
* Staff are also encouraged to attend conferences, workshops and road shows to support their knowledge development.

**Fire Safety and Evacuation Planning**

* All service users have a personal evacuation plan.
* Specialist equipment such as evacu-mats are available for rapid access for those with mobility difficulties, at times of emergency.
* The house has heat or smoke detectors throughout, which activate the alarm and automatic fire doors.
* A black box is kept near the front door which holds details of clients' next of kin and medication in case of full emergency evacuation.
* All staff are trained in the evacuation procedure.

Management Team:

* The home has a Registered Service Manager who is supported by a Deputy and Senior Support team.
* The Management team engages in continuous professional development.

Transport:

* The service has a Vauxhall Astra and an adapted Volkswagen L35 mini bus for wheelchair uses.
* There are good local transport links, including buses and trains into the local area, Dudley town centre and Birmingham City centre.