**Headway Approved Provider Appendix**

**John Cabot house, Voyage Care, Bristol**

Focus of Facility:

* John Cabot House supports individuals to develop and maintain their independence and cognitive skills following a brain injury.
* In addition, the team supports individuals to take part in activities to enhance quality of life, rebuild confidence and encourage social interaction.
* John Cabot House has 2 self-contained flats where 12 week assessments are carried out to ensure people’s support needs are fully identified and appropriate support is in place when they are ready to move to their next stage.

Ethos:

* Support is based on rehabilitation techniques which aim to increase independence, and progress will be monitored closely using Goal Attainment Scaling, which provides motivation for the individual.
* Support plans are created by working with the individual and those close to them to meet their needs and personal goals.
* Individuals are encouraged to be involved in all aspects of their care and the setting of rehabilitation goals.

Weekly costs:

* The weekly cost is individual based on need agreed upon assessment.
* Costs are inclusive of shared care and 1:1 support where needed along with therapy input.
* Reviews are held regularly to ensure that the package of care, support and enablement is still fit for purpose.

Clientele:

* Individuals who have an acquired brain injury and would benefit from increasing their independence or those wishing to maintain a level of independence who require on-going therapeutic intervention.

Location:

* The service is in Bristol and about 5 miles from the city centre. Access to the cinema, bowling and a local supermarket are within walking distance.

Family Accommodation:

* Family and relatives are welcome to stay overnight and there is a spare sleep room set up.

Family Dining Facilities:

* There is a separate dining room with a Therapy kitchen which can be used for meals with partners or family.

Range of Cares Provided:

* Neuro therapy is provided, which includes Speech and Language Therapy, Physiotherapy, Occupational Therapy, Psychology, Psychiatry, Behaviour Therapy and Counselling. These are available according to individual need and funding.
* Programmes are carefully designed and integrated into each person's daily routine.
* Support staff assist with daily therapeutic programmes, community activities and all areas of personal care and hygiene.
* The Therapy Coordinator works alongside the Neuro Therapists to provide ongoing analysis of daily therapy tasks and goal outcome scales.

Service User Involvement:

* Each person is fully involved in compiling their support plan and in the daily running of the service to the extent of their ability.
* Goals are set and agreed with each individual person we support.

Rehabilitation Schedules, Social Activities, and Activities of Daily

Living:

* Personalised structured daily and weekly routines are supported.
* Therapy programmes are integrated in daily functional activities.
* A Training kitchen and accessible laundry are available to develop daily living skills.
* Educational, vocational and voluntary opportunities are available, as appropriate.
* Structured routines, orientation sessions and errorless learning programmes are supported, as required.
* There are opportunities to include activities to enhance life for example trips to the theatre, shopping, holidays, meeting family and friends for coffee, hobbies and/or educational courses/vocational placements.

Clothing and Laundry:

* There is a large laundry room which is accessible for wheelchair users.
* People living at the service are encouraged to do their own laundry with support from staff to promote independence.

Mealtimes:

* The dining room has space for everyone to eat together if they wish, or individuals are able to eat separately, if they prefer.
* Mealtimes are flexible to work around individual's activities.
* Facilities enable all service users to eat together or separately as preferred.
* Family members are able to attend for special occasions e.g. birthdays / a Christmas meal.

Diet and Choice:

* Everyone can choose their own meals and be involved in writing menus.
* All individuals are actively encouraged to put forward ideas for the weekly menu.
* Where special dietary requirements exist, menus can be developed to meet the needs of an individual.
* As individuals increase in their independence they are encouraged to become more involved in planning personal menus, and shopping with a budget.

Bedrooms:

* Each bedroom can be decorated to the individual's preference.
* Each bedroom has its own level access en-suite facilities.

Access:

* The service is purpose built; the house and garden are fully wheelchair accessible.
* A lift aids access to the upper floor.
* The service has 2 self-contained flats.

GP / Medical Cover:

* All individuals are registered with the local GP and are supported to make and attend necessary appointments.
* Home visits by the GP are available where appropriate.
* Specialist medical services will be accessed via the Primary Care Team if not already involved on admission.

Staff Training:

* A 2 week Induction is supported with an additional training plan for all new starters this includes both core and specialist training, such as training on acquired brain injury.
* Bespoke training is developed for specific programmes and specific individual needs.
* Following basic training and a probationary period staff are supported to go on to acquire a diploma in Health and Social Care at the appropriate level.

**Fire Safety and Evacuation Planning**

* All service users have a personal evacuation plan.
* Specialist equipment such as evacuation-mats are provided for rapid egress for those with mobility difficulties at times of emergency.
* The house has heat or smoke detectors throughout, which activate the alarm and automatic fire doors.
* An emergency grab bag is situated in the front lobby containing details of the evacuations plans, contingency plan following evacuation and contact details for all relevant family members and staff.
* All staff are trained in the evacuation procedure.

Management Team:

* The home has a Registered Service Manager who is supported by a Deputy and senior support team.
* The Management team engages in continuous professional development.

Transport:

* The service has a mini bus of which is used to assist with medical appointments.
* There are good local transport links, including buses and trains into the local area.
* The geographical location of the home is supported with a good motorway network.