**Headway Approved Provider Appendix**

**Theoc House, Voyage Care, Tewkesbury**

Focus of Facility:

* To support individuals to develop and maintain their independence and cognitive skills following acquired brain injury.
* In addition, to support individuals to take part in activities to enhance quality of life, rebuild confidence and encourage social interaction.

Ethos:

* The service aims to provide a person centred and holistic approach to rehabilitation. We encourage the person we support (PWS) to achieve their maximum potential so that they may live as independent a life as possible.
* Individuals are encouraged to be involved in all aspects of their care and the setting of measurable rehabilitation goals.
* Therapeutic programmes are individually tailored to meet each PWS needs and individuals are encouraged to participate in daily living tasks and a variety of activities giving them the opportunity to apply functional meaning to therapeutic exercises and tasks.

Costs per week:

* The weekly cost is individual based on need agreed upon assessment.
* Costs are inclusive of shared care and 1:1 support where needed along with therapy input.
* Reviews are held regularly to ensure that the package of care, support and enablement is still fit for purpose.

Clientele:

* Adults over 18 years of age who have an acquired brain injury.
* Adults who have other cognitive disorders that could benefit from the same approach may also be supported.

Location:

* The service is in Tewkesbury with good transport links and local facilities.

Family Accommodation:

* The home does not have dedicated family rooms; however where there is a need all attempts will be made to support this, either within a local hotel or within the home.

Family Dining Facilities:

* There is a separate dining room with a Therapy kitchen which can be used for meals with partners or family.

Range of Cares Provided:

* Neuro therapy is provided; Speech and Language Therapy, Physiotherapy, Occupational Therapy, Psychology, Psychiatry, Behaviour Therapy and Counselling are available, according to individual need and funding.
* Programmes / GAS goals are carefully designed and integrated into each person's daily routine.
* Support staff assist with assessed care / support needs (including personal care), daily therapeutic programmes, community and in-house activities.
* The Therapy Co-ordinators work alongside the therapists to provide ongoing analysis of daily therapy tasks and goal outcome scales.

Service User Involvement:

* Each person is involved in their support plan and in the daily running of the service, to the extent of their ability.
* Each individual is supported to identify and set goals that are important to them.

Rehabilitation Schedules, Social Activities, and Activities of Daily

Living:

* Personalised structured daily and weekly routines are supported.
* Therapy programmes are integrated in to daily support delivery and routines.
* A Training kitchen and accessible laundry are available to develop daily living skills.
* Educational, vocational and voluntary opportunities are supported, as identified.
* Structured routines and weekly plans including activities and social integration are available, for each individual.
* There are opportunities to participate in activities to enhance life, for example, trips to the theatre, shopping, holidays, meeting family and friends for coffee, hobbies and/or educational courses/vocational placements.

Clothing and Laundry:

* There is a laundry room which is accessible for wheelchair users.
* People living at the service are encouraged to do their own laundry with support from staff to promote independence.

Mealtimes:

* The dining room has space for everyone to eat together if they wish, or individuals are able to eat separately if they prefer.
* Mealtimes are flexible to work around individual's activities / routines.
* Family members are able to attend for special occasions, such as birthdays / a Christmas meal.

Diet and Choice:

* Everyone can choose their own meals and be involved in writing

menus.

* Individual menus can be developed to respond to increasing personal independence or special dietary requirements.
* The service caters for varied diets and any cultural needs, as

requested.

* Service Users are supported to track their weight and are supported, where needed, to adopt a healthy lifestyle.

Bedrooms:

* Each bedroom can be decorated to the individual's preference.
* Each bedroom has its own level access en-suite facility.
* Each bedroom can be equipped with equipment relevant to assessed

needs and requirements to enable support of the individual accordingly.

Access:

* The service is purpose built; the house and garden are fully wheelchair accessible with a lift to support wheelchair access to the first floor.
* Ceiling tracking is available, if needed, along with portable hoists.
* All rooms have level access.
* All corridors and doorways are wide for wheelchair accessibility.

GP / Medical Cover:

* All individuals are registered with the local Primary Care team and supported to make and attend necessary appointments.
* Home visits by the GP are available where appropriate.
* Specialist medical services will be accessed via the Primary Care Team, if not already involved on admission.

Staff Training:

* Induction training is supported with an additional training plan that includes both core and specialist training, some examples include introduction to acquired brain injury, safeguarding and person-centred approaches.
* Bespoke training is developed for specific programmes and specific individual needs.
* Following basic training and a probationary period staff are supported to go on to acquire a Diploma in Health and Social Care at the appropriate level.
* Staff are also encouraged to attend conferences, workshops and road shows to support their knowledge and development.
* Staff receive supervision and appraisals from management to monitor progress and support productivity.

**Fire Safety and Evacuation Planning:**

* All service users have a personal evacuation plan.
* Specialist equipment such as Albac-mats are available for rapid egress for those with mobility difficulties, at times of emergency.
* The house has heat and smoke detectors throughout, which activate the alarm and automatic self-closing fire doors.
* An emergency bag is kept near the front door which holds emergency response plans and first aid provisions.
* All staff are trained in the evacuation procedures.

Management Team:

* The home has a Registered Service Manager who is supported by a Deputy and senior support team.
* The Management team engages in continuous professional development.

Transport:

* The service has 2 vehicles, 1 of which is an adapted vehicle for wheelchairs.
* There are good local transport links such as buses, trains and taxis with a short commute to neighbouring cities such as Gloucester and Cheltenham.