



HEADWAY Preston & Chorley

Computer and Phone Sessions (CAPS)

CAPS

For adults with an
acquired brain injury

Headway Preston and Chorley's Computer and Phone Sessions (CAPS) are held at the Activity Day on the last Tuesday of each month (2019) at the Salvation Army, Harrington Street, Preston PR1 7BN.

These FREE Sessions provide guidance on all aspects of setting up and using your mobile phone, iPad, tablet or computer.

What you can learn from CAPS:

- Setting up your device for the first time.
- Setting up an email address.
- Learning a software programme.
- Looking up information on the internet.



CAPS is a project between Headway Preston and Chorley and Intact.

There is no booking required but if you would like to find out more please contact us on 01772 791460
Email: services@headwayprestonandchorley.org.uk

**For more information visit our website:
www.headwayprestonandchorley.org.uk**



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