



HEADWAY Preston & Chorley ART WORKSHOP at the **ACTIVITY DAYS 2019**

For people with acquired brain injury accompanied by a family member or support worker if required.



The Headway Art Workshop is held on **the last Tuesday of the month from 1pm - 4pm at Salvation Army Centre, Harrington Street, Preston PR1 7BN**

We welcome anyone who has suffered an acquired brain injury to come and spend time creating art whether or not they have any previous art experience. All materials are provided.

“Art provides an escape and respite from the everyday. Our creative sides are often neglected in favour of daily practical tasks yet if we give time to this side of ourselves we can be rewarded by feeling calmer and more able to express emotions”.

Kindly funded by:



There is no booking required but if you would like to find out more please contact Laura on 01772 791460
Email: laura@headwayprestonandchorley.org.uk

**For more information visit our website:
www.headwayprestonandchorley.org.uk**

Headway Preston & Chorley is a Charitable Company Limited by Guarantee
Company Number 7669175 and Registered Charity Number 1144388



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