

## **Headway Approved Provider Appendix**

**Oakhill, 928 Carmarthen Road, Fforestfach, Swansea, SA5 7EF**

### **Focus of Facility:**

- To support individuals to develop and maintain their independence and cognitive skills following acquired brain injury.
- In addition, to support the homes aims, to enable individuals to take part in activities to enhance quality of life, rebuild confidence and encourage social interaction.

### **Ethos:**

- Support is based on rehabilitation techniques which aim to increase independence, progress will be monitored closely using Goal Attainment Scaling, which provides motivation for the individual.
- Support plans are created by working with the individual and those close to them to meet their needs and personal goals.
- Individuals are encouraged to be involved in all aspects of their care and the setting of rehabilitation goals.

### **Costs per week:**

- The weekly cost is individual based on need agreed upon assessment.
- Costs are inclusive of shared care and 1:1 support where needed along with therapy input, if required.
- Reviews are held regularly to ensure that the package of care, support and enablement is still fit for purpose.

### **Clientele:**

- Adults over 18 years of age who have an acquired brain injury.
- Adults who have other cognitive disorders that could benefit from the same approach may also be supported.

### **Location:**

- The service is near the centre of Swansea with excellent bus routes to the main town centre, local shopping complexes and local public houses.

**Family Accommodation:**

- Accommodation can be sought from nearby reasonable priced hotels.
- Family members are welcome to the home at all times

**Family Dining Facilities:**

- Families are welcome to eat in the dining room or in the persons own space.
- There is also a second small lounge which can also cater for families if they so wish.

**Range of Cares Provided:**

- Neuro therapy is provided and includes Speech and Language Therapy, Physiotherapy, Occupational Therapy, Psychology, Psychiatry, Behaviour Therapy and Counselling. These are available according to individual need and funding.
- Programmes are carefully designed and integrated into each person's daily routine.
- Support staff assist people with daily therapeutic programmes, community activities and all areas of personal care and hygiene.

**Service User Involvement:**

- Each person is fully involved in their support plan and in the daily running of the service to the extent of their ability.

**Rehabilitation Schedules, Social Activities, and Activities of Daily Living:**

- Personalised structured daily and weekly routines.
- Therapy programmes are integrated in daily functional activities.
- Educational, vocational and voluntary opportunities are supported, as appropriate.
- Structured routines, orientation sessions and errorless learning programmes are supported, as required.
- There are opportunities to include activities to enhance life for example trips to the theatre, shopping, holidays, meeting family and friends for coffee, hobbies and/or educational courses/vocational placements.

### **Clothing and Laundry:**

- There is a large laundry room which is accessible for wheelchair users.
- People living at the service are encouraged to do their own laundry with support from staff to promote independence.

### **Mealtimes:**

- The dining room has space for everyone to eat together if they wish, or individuals are able to eat separately if they prefer.
- Mealtimes are flexible to work around individual's activities.
- Facilities enable all service users to eat together or separately, as preferred.
- Family members are able to attend for special occasions e.g. birthdays / garden parties or a Christmas meal.

### **Diet and Choice:**

- Everyone can choose their own meals and be involved in writing menus.
- Individual menus can be developed to respond to increasing personal independence or special dietary requirements.
- The service caters for varied diets and any cultural needs, as requested.
- Service users are supported to track their weight and are supported, where needed, to adopt a healthy lifestyle.

### **Bedrooms:**

- Each bedroom can be decorated to the individual's preference.
- Each bedroom has its own level access en-suite facilities.

### **Access:**

- The service is purpose built; the house and garden are fully wheelchair accessible..
- All rooms have level access and corridors are wide.
- A lift aids access to the upper floor.

### **GP / Medical Cover:**

- All individuals are registered with the local Primary Care team and

- supported to make and attend necessary appointments.
- Home visits by the GP are available, where appropriate.

### **Staff Training:**

- Induction training is supported with an additional training plan that includes both core and specialist training, some examples include introduction to brain injury, safeguarding and person centred approaches.
- Bespoke training is developed for specific programmes and specific individual needs.
- Following basic training and a probationary period staff are supported to go on to acquire a diploma in Health and Social Care at the appropriate level.
- Staff are also encouraged to attend conferences, workshops and road shows to support their knowledge development.

### **Fire Safety and Evacuation Planning**

- All service users have a personal evacuation plan.
- Specialist equipment such as evacu-chairs are available for rapid access for those with mobility difficulties, at times of emergency.
- The house has heat or smoke detectors throughout, which activate the alarm and automatic fire doors.
- A black book is kept near the front door which holds details of clients' next of kin and medication in case of full emergency evacuation.
- All staff are trained in the evacuation procedure.

### **Management Team:**

- The home has a Registered Service Manager who is supported by a Deputy and two Senior Support workers.
- The Management team engages in continuous professional development.

### **Transport:**

- The service has a home vehicle.
- There are good local transport links, including buses and a local train station.