# <u>Further Information about Chesterwood, Birmingham</u> Accomplish Group

# Focus of Facility:

 Chesterwood is set in the heart of the community and provides medium to long term support for people with an Acquired Brain Injury. We specialise in maximising a person's independence and quality of life post-injury, in a friendly, encouraging, and warm environment. Chesterwood is a residential support service which consists of 5 bedrooms.

#### Ethos:

• To deliver quality, person-centred support for individuals who have complex needs and to find ways to make every day amazing.

# Costs (per week):

 Costs are based on the support needs of the individual support following a detailed assessment.

#### Clientele:

• Chesterwood provides support for individuals aged 18 and over with an acquired brain injury and physical disabilities.

#### Location:

- Chesterwood is located in a quiet suburban neighbourhood near Kings Heath., Birmingham. Haunch Lane shops are quarter of a mile away and Kings Heath High Street half a mile away. They both offer numerous shops, restaurants, and entertainment.
- Kings Heath itself is based in the south of the city and is served by a frequent bus route, which makes the city centre extremely accessible. Cocks Moor Wood Leisure facilities and the Midlands Arts Centre are nearby.
- Chesterwood has plenty of parks and sporting venues in the surrounding area. The Nia, ICC, Symphony hall are also all within easy reach from Chesterwood.

## **Family Accommodation:**

 There is no family accommodation on site so families would need to stay at a nearby bed and breakfast/ hotel. Families are able to visit whenever they choose to.

## **Family Dining Facilities:**

• Family members can join their relative at lunch and dinner time if they wish. They are also able to use the communal kitchen to make drinks.

## Range of Cares Provided:

 Chesterwood provides a range of care and support including personal care, administration of medication, emotional support, and support in the community and to appointments.

#### Service User Involvement:

 The people we support are involved in their support plans which are person centred and meet their acquired needs. The people we support are also involved in developing the service via monthly meetings, assisting with audits and appraisals, staff recruitment and staff training.

# Rehabilitation Schedules, Social Activities, and Activities of Daily Living:

 At Chesterwood we promote independence amongst the people we support to empower them to live as independently as possible. They are encouraged and supported to access the local community and enrol on courses/vocations personal to them.

## **Clothing and Laundry:**

 Staff encourage the people we support to live as independently as possible and this includes such tasks as doing their own laundry.

#### Mealtimes:

The people we support are able to choose what time they would like their meals.
 All individuals are encouraged to participate in weekly menu planning as well as specifying when they would like a different meal choice to the one on offer.

#### Diet and Choice:

Chesterwood ensures that the people supported are able to choose what they
would like to eat. Some have a menu plan to follow due to medical needs and
staff ensure that this menu plan is followed. Other people may need some
support in healthy eating. This is taken into account when encouraging them to
participate in menu planning.

#### **Bedrooms:**

 There are 5 bedrooms at Chesterwood with some having an ensuite toilet and sink. Individuals can personalise their bedrooms and are also encouraged to make choices regarding the communal area decor.

#### Access:

• Chesterwood is wheelchair accessible via the front door into the communal area.

## **GP / Medical Cover:**

• Each person supported at Chesterwood is registered with the local GP and dentist to enable easy access to appointments and repeat prescriptions. Staff will support individuals with medications and appointments, as needed.

# **Staff Training:**

 All staff receive an initial 2 weeks of intensive induction training and regular training refreshers throughout their time working for the Accomplish Group.
 Training is also completed in the service as needed.

- Induction training is the initial training given to new members of staff to introduce them to the job and the workplace, to enable them to fulfil their role and to ensure that they are working safely.
- All staff also have to complete a set of mandatory online training courses on the elearning platform.

# Fire Safety and Evacuation Planning:

 There is a fire evacuation plan in place and there are trained Fire Marshalls at the service. Everyone is supported to evacuate the building in the event of a fire. Fire drills are completed every 3 months and there is a fire alarm check weekly to ensure the system is working and all fire doors close properly. Fire extinguishers and emergency lighting are checked regularly by the external fire contractor.

# **Management Team:**

- Chesterwood is led by an experienced Registered Manager, who has worked for the company for 27 years and has been working in the social care field for over 27 years. The Manager has the following qualifications: Level 4 in Health and social care, Registered managers award and D32/D33 Assessors award.
- There is also support from a Deputy Manager. There is also an Operations Team led by the Divisional Managing Director and supported by a Regional Manager that supports the management team at Chesterwood.
- The Regional Manager has regular meetings with the manager and deputy manager to discuss any issues/concerns and look at what actions are needed.
- Accomplish Group has a specialist Clinical Team to review the health needs of the people supported. They will regularly visit the services and deliver training, host health workshops, provide input on medication management and liaise with external health professionals.
- The Clinical Team and Operations Team are both on-call 24 hours a day, 7 days a week.

## **Service User Contact Details:**

• The contact details for the people we support are stored confidentially and updated, as appropriate.

#### **Transport:**

 Local Train stations include Hall Green, Yardley wood and soon to be redeveloped Kings Heath station due 2022. We are a Bus Ride to Birmingham city Centre on the 50 bus which runs every 3-5 minutes in the daytime. We have local taxi services which people we support, or families, can access and the home has its own vehicle which is used for Trips/ Activities and Health appointments.