

Headway Approved Provider Appendix

The Woodlands, Middlesbrough, Voyage Care

Focus of Facility:

- The service enables individuals who have acquired brain injury, to reach an optimum level of independence.
- Using active support and a holistic approach, to engage service users, to enable them to regain activities of daily living with support from the Neurotherapy team.
- Woodlands ABI Unit provides care for both individuals who require slow stream rehabilitation with a view to moving on to supported living in the community and those who require longer term care and maintenance support.

Ethos:

- Empowering, Together, Honest, Outstanding and Supportive.

Costs:

- £1800 weekly base fee and £15.00phr when additional support is required.

Clientele:

- Male/Female adults with an Acquired Brain Injury.

Location:

- The Woodlands is situated in the residential area of Acklam, Middlesbrough with access to public transport. There are a wide range of education and leisure facilities in the area, including colleges, shops, pubs, bowling centres, an ice-skating rink, and sports centres.

Family Accommodation:

- There is no family accommodation at the Unit, but family members are signposted to local hotels and Guest Houses, as needed.

Family Dining Facilities:

- Family dining can be facilitated with prior notice.

Range of Cares Provided:

- A range of therapies including Speech and Language, Neuro-physiotherapy, Neuro-occupational therapy, and Psychology input are available. Programmes are carefully designed and integrated into the daily routine of residents.

- There is a mixed range of skill and support for residents from apprentice to Diploma Level 4 and NVQ Health and Social Care Level 4 and Registered Manager.

Service User Involvement:

- Individuals are encouraged to participate in the creation and review of their support plans and review of care needs assessments.
- A person-centred review is scheduled every year for the service users to review their progress, discuss the support they receive and to discuss plans for the future.
- Key worker meetings are held regularly, individuals have the opportunity to discuss anything that is important to them.

Rehabilitation Schedules, Social Activities, and Activities of Daily Living:

- There is weekly therapy input from OT, Physiotherapy, SALT and Neuropsychology depending on initial assessment.
- Activity planning with residents enables scope for interests to the individual.
- Support is available for activities of daily living, and active support is encouraged for each resident to participate at the level they can contribute.
- Guidance ensures that the service is not risk averse and that each resident is able to live a fulfilled life with purposeful and meaningful activities.

Clothing and Laundry:

- Laundry facilities are available, this is managed or supported with the individual.
- The laundry cycles are documented and rotated back to each individuals' own room, once dried and ironed.
- Active Support is assessed for those able to complete the ironing tasks themselves.

Mealtimes:

- There is a dining room which has space for everyone to eat together if they wish, or individuals are able to eat separately if they prefer.
- Mealtimes are flexible to work around individual activities; drinks and snacks are available between mealtimes.

Diet and Choice:

- Menus are drafted a week in advance by asking the residents what they would like to be included. Planning of the menu will include healthy options of fresh fruit and vegetables.
- Mealtimes are varied and wholesome food is provided, there are meat or non-meat options available and to the requirement of the individual.
- All food is cooked daily and freshly made. Specific diets would be identified to the individual and with the planning of specific foods, textures or content, ensure that

the most nutritional options are available to meet the individual needs of residents.

- People we support are encouraged to engage in meal preparation and cooking dishes that they would like to have outside of a weekly planned menu. With a can-do approach to choose, nothing is a problem if a resident would like something different to everyone else.

Bedrooms:

- There are 14 rooms all with ensuite bathroom with walk in shower. The rooms are personal to each resident, they are large, well maintained and decorated to a bespoke standard.

Access:

- The service is fully accessible for wheelchair users, with easy access to the garden.
- The home is in a quiet area of the town, in Acklam. It is easily accessed from main roads, the airport and railway station. There is a drive with several car parking spaces, entrance is through the main front door and rear entrance through side gates on either side of the building.

GP / Medical Cover:

- There is easy access to a choice of GP's that are available within a 2-mile radius.
- All residents have emergency contact with their GP, District Nurse, and the Local NHS facilities.

Staff Training:

- All staff attend mandatory training during their induction period, which includes ABI training.
- Following this staff complete the Voyage Care Acquired Brain Injury five-unit, modular training programme.
- Mandatory training is completed, as required.

Fire Safety and Evacuation Planning:

- PEEPS are reviewed annually for each resident,
- A detailed fire risk assessment is completed annually.
- Drills are implemented randomly day and night and a detailed plan on the back of each shift planner, identifies staff to resident for evacuation.
- Equipment is specific to individuals within the service who require support in evacuation.

Management Team:

- The management team includes the Operations Manager, Registered Manager, Deputy Manager, 2 Seniors, 1 Acting Senior and a Therapy Coordinator.

Service User Contact Details:

- All resident's details of their profile are kept on site with contacts for all, which are accessed on a need to know basis.
- All residents have their own phone, to keep in touch with family and friends, some have an iPad for accessing webinar calls.

Transport:

There are two vehicles that are kept at the service and this includes an estate car and a Mini-bus that wheelchair users can access with a tail-gait function.