

# Keep In Touch

the brain injury association preston and chorley



RESTRICTIONS DUE TO THE CORONAVIRUS OUTBREAK HAVE AFFECTED OUR SERVICES TO ADULTS WITH ACQUIRED BRAIN INJURY AND AFTER A MAJOR TRAUMA INJURY.

The Keep in Touch project has been started to provide regular contact with clients and their families

## What the project provides:

- Regular weekly contact with Headway Preston and Chorley.
- Listen to concerns and give appropriate advice.
- Reassure clients who might be worried about becoming unwell and to advise them of what do to if they have any symptoms.
- Prevent isolation, negative thoughts and low mood.
- Assist people to establish a home routine.
- Virtual welfare benefits assistance.
- Assist clients to obtain information form other organisations (assisted signposting).

## How are delivering Keep In Touch

- An initial first call to establish whether clients would like to receive regular welfare calls and communication from HWPC.
- Set up a day/time to call the person and set out the reason for the call.
- Offer alternative methods of contact i.e. email, text, What's App, Skype

NEURO: Telephone or text **07583637197 or 07557123493** Email: laura@headwayprestonandchorley.org.uk

MAJOR TRAUMA: Telephone or text 07808648733

Email: Kayleigh@headwayprestonandchorley.org.uk

## www.headwayprestonandchorley.org.uk

Headway Preston & Chorley is a Charitable Company Limited by Guarantee Company Number 7669175 and Registered Charity Number 1144388



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