

**Appendix: Further Information about:-**

**Woodlands Neurological Rehabilitation Centre, Christchurch Group,**

**Thief Lane, York YO10 3HU**

**Focus of Facility:**

To promote quality of life and independence by ensuring people with a neurological condition receive coordinated care and support that is planned around needs and choices, as close as possible to the individuals home. The multi-disciplinary team work in partnership with local NHS trusts, social services and community teams to improve outcomes for each patient as individuals.

**Ethos:**

To provide expert specialist rehabilitation to adults with neurological conditions resulting from injury, illness or disease achieving life changing, evidence based outcomes. With a progressive interdisciplinary team delivering person centred, holistic care and support for each patient

**Costs (per week):**

All pricing is calculated for the individual based on their therapy and care requirements

**Clientele:**

Acquired Brain Injury, Neurological rehabilitation, complex care for neurological diseases

**Location:** York

**Family Accommodation:** No

**Family Dining Facilities:** No

**Range of Cares Provided:**

Woodlands provides person-centred rehabilitation programmes delivered by an interdisciplinary team. Woodlands' focus is on improving functional independence, motivation, cognitive and executive functioning, confidence, positive risk management and the ability to undertake daily living activities such as washing, dressing, cooking and shopping.

Woodlands supports patients through all stages of the rehabilitation process; from acute rehabilitation to community outreach in their own homes and vocational rehabilitation, to support people back to work.

Woodlands is a Consultant led centre and has a team of therapists including; Occupational Therapy, Speech and Language Therapy, Physiotherapy, Neuropsychology and Music Therapy. Nursing care is provided by specialist nursing staff and rehabilitation assistants to facilitate rehabilitation and complex care needs. Woodlands can facilitate 1:1 care, diabetes management, behavioural management, continence care, pressure sore care, tracheostomy care and treatment, enteral feeding and many more complex nursing needs.

### **Service User Involvement: Rehabilitation Schedules, Social Activities, and Activities of Daily Living:**

Patients are involved in all goal setting and Rehabilitation Schedules, Social Activities, and Activities of Daily Living.

### **Clothing and Laundry:**

Full laundry service

### **Mealtimes: Protected meal times**

Breakfast 8.30-11, Lunch 12.30-1.30, Evening meal 5.00-6.00

### **Diet and Choice:**

Patients are offered an option of 3 choices per meal time, menus are based on a 4 week cycle and are changed seasonally. Special diets, including modified meals are available

### **Bedrooms:**

27 accessible ensuite rooms

### **Access:**

Ground floor access through electronic doors, locked after 5pm when operated by staff

### **GP / Medical Cover:**

Woodlands has its own Consultant in Rehabilitation Medicine who works four days per week, including one at the local Acute Trust. There is also a Trust Grade doctor working 5 days a week.

### **Staff Training:**

Staff complete full induction and mandatory training is completed via an e learning platform. Specialist training is provided on site by external providers.

**Fire Safety and Evacuation Planning:**

PEEP's are provided for all patients; a copy is kept in reception. Fire marshals are available at the centre 24/7. Regular fire tests and practice evacuations are completed.

**Management Team:**

Registered Manager and Service Manager – Dave Dunnett  
Consultant in Rehabilitation Medicine and Medical Director – Dr Marina Platts  
Head of Therapy – Sari Teasdale  
Head of Nursing – Natasha Johnson  
Head of Support Services – Nick Hansell

**Service User Contact Details:** 01904 430600

**Transport:**

Adapted van (suitable for 1x wheelchair) seats 5 plus driver.