



the brain injury association
Central Lancashire

Community Drop In and Activity Days 2022

Headway Central Lancashire community meetings are designed to support adults with acquired brain injury. You can also attend with a family member, friend or support worker if desired. The meetings are held at the Salvation Army, Harrington Street Preston PR1 7BN and Cottam Community Centre, Haydock's Lane, Cottam, Preston, PR4 0NY.



Contact us to find out more:

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For more information visit our website: www.headwaycentrallancashire.org.uk/services

Month	Drop In Salvation Army	Walking Group	Drop In Cottam Centre	Activity Day Salvation Army
January ➡	-	Booking required	15th January 1 - 3.30pm	25th January 1- 4pm
February ➡	1st February 1 - 4pm	8th February	15th February 1 - 3.30pm	22nd February 1 - 4pm
March ➡	1st March 1 - 4pm	8th March	15th March 1 - 3.30pm	29th March 1 - 4pm
April ➡	5th April 1 - 4pm	12th April	19th April 1 - 3.30pm	26th April 1 - 4pm
May ➡	3rd May 1 - 4pm	10th May	17th May 1 - 3.30pm	31st May 1 - 4pm
June ➡	7th June 1 - 4pm	14th June	21st June 1 - 3.30pm	28th June 1 - 4pm
July ➡	5th July 1 - 4pm	12th July	19th July 1 - 3.30pm	26th July 1 - 4pm
August ➡	2nd August 1 - 4pm	9th August	16th August 1 - 3.30pm	30th July 1 - 4pm
September ➡	6th Sept 1 - 4pm	13th Sept	20th Sept 1 - 3.30pm	27th Sept 1 - 4pm
October ➡	4th Oct 1 - 4pm	11th Oct	18th Oct 1 - 3.30pm	25th Oct 1 - 4pm
November ➡	1st Nov 1 - 4pm	8th Nov	15th Nov 1 - 4pm	29th Nov 1 - 4pm
December ➡	Festive Get Together to be arranged			6th Dec 1 - 4pm